CORTLANDT FALL PLANNER

ACTIVITIES FOR ADULTS, SENIORS AND YOUTH!



FESTIVAL OF MAKERS

FRIDAY NIGHT LINE DANCING **DOG PARADE**

LETTERS TO SANTA

ADULT WATER FITNESS

COFFEE CLUB

MY FIRST PIGGY BANK

AND MUCH MORE!

Table of Contents

Consul Descrition Describes and Information	10	Mark Courts	70
General Recreation Department Information Community Pass (Online Recreation Program Registration)		Meet Santa Nor West	
Facility Rentals	10 71		
C.H.O.P. CortlandtHeating Oil Program		Shakespeare in the Park	
C. I.O.I . Cordand leading On Flogram	······································	Van Cortlandtville Historical Society	
Forms		William Worldon III	
Adult Activity Registration	82	Special Park Facilities	
Basketball League, Boys		Charles J. Cook Park Mini Golf	7/1
Basketball League, Girls			
First Responders Golf Tournament		Cortlandt Dog Park	
Senior Activity Registration		Cortlandt Ice Rink	
Youth Activity Registration		Cortlandt Playgrounds	
Touri Activity Hogistration		Cortlandt Waterfront Park	
Letter from the Town Supervisor	_	Furnace Dock Lake	
·		Hollow Brook Golf Course	
Town of Cortlandt Recreation Dept. Refund/Credit Policy		Historic Toll House	
Sliding Fee Scale for Town of Cortlandt Recreation Dept. Program		Hudson Highlands Gateway Park	
Storm Water Pollution		Hudson River Community Boat Launch	
Telephone Listing- Town Hall & Other Locations Inside Fro		Lake Meahagh Park	73
Town of Cortlandt Recreation Dept. "Suggestion Box"		Oscawana Boat Launch	79
Town of Cortlandt Recreation Photo ID Cards & Hollow Brook G	olf	Pickleball Courts	
Stickers	11	Sprout Brook Park	79
Storm Preparedness	6	Tennis Courts	
Veterans Information		101110 00010	
		Sports Leagues & Teams	
Adult Programs		League Youth Basketball	35
Badminton	15	Little League Information	
Basketball	15	Travel Youth Basketball	
Beginner Dance Classes		Travel Touti Dasketball	50
Defensive Driving			
Introduction to Karate for Adults	16	Youth Programs	
Karate & Advanced Karate	17	After School Bowling	25
Introduction to Learning Japanese		American Red Cross Babysitting	24
Lite Yoga	23	Art Explorers	24
Pickleball 101		Art Quest	
Pickleball Beginners Clinic	18	Basketball Clinic	
Sharpen Your Skills at Pickleball	18	Basketball, Free Play	
Advanced Swordsmanship		Broadway All Stars	
Introduction to Swordsmanship	17	Bumper Bowling	
Tai Chi & Chi Kung		Chain Reaction Engineers	21
Tennis Instruction	19		
Volleyball	19	Creative Cooking	
Yoga II		Flag Football Clinic	
Yoga, Core, & Stretch	20	Food Fun	
Water Fitness		Hidden Signs of Animals (Environmental)	27
WOGA I	20	Hike to the Secret Cove (Environmental)	
WOGA II	20	Home Sweet Home: All About Animals (Environmental)	
		Karate 4 Kidz	28
Senior Citizen Programs & Services		Live Like a Lenape (Environmental)	28
Bus Transportation	/11	My First Piggy Bank	31
Clubs		Skyhawks Baseball	29
Medical Transportation		Skyhawks Basketball	
Nutrition		Skyhawks SoccerTots	
Operation Snowflake		Skyhawks Tennis	
		Skyhawks Track & Field	
Senior Program Information		Skyhawks Volleyball	
Special Events for Town of Cortlandt Senior Citizens		Storybook Cooking	
Special Events for Town of Cortianat Senior Citizens	72-71	Swimming Instruction	
Special Activities & Events		Tennis Instruction	
	62	Yoga For Little Learners	
5K Road Race		9 2	
Community Garden		Verete Conten	
Cortlandt Community Rowing Association		Youth Center	
Family Fun Day		Canteen	
Festival of Makers		Cortlandt Community Coalition	
First Responders Golf Tournament	64	Hours of Operation	
Halloween Dog Parade	63	Operation Snowflake Information	59
Halloween Party		Programs for Grades 1st-5th	59
Hobgoblin Parade		Programs for Grades 6th-12th	
Letters to Santa		Specialty Programs & Courses	
Line Dancing	64		60





Town of Cortlandt Recreation & Conservation Department

Cortlandt Town Hall 1 Heady Street Cortlandt Manor, NY 10567-1241

- 914-734-1050
- www.townofcortlandtny.gov
- tocrec@townofcortlandtny.gov
- facebook/townofcortlandt
- **@** @townofcortlandt

Town Supervisor

Richard H. Becker, MD

TOWN BOARD

James F. Creighton Cristin Jacoby Robert E. Mayes Joyce C. White

PARKS, RECREATION, & CONSERVATION ADVISORY BOARD

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Declan Fleming Everett Skelly

RECREATION & CONSERVATION DEPARTMENT

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Lesley Popkin, Deputy Director
Tim Fisher, Recreation Supervisor
Greg Kroohs, Recreation Supervisor 914-734-1055
Deanna Peterson, Recreation Supervisor 914-734-1053
Dawn Mahoney, Director of Senior Services
Rebecca Ferguson, Assistant Director of Senior Services 914-528-8377
Lindsey Luposello, Youth Center Director 914-736-0498
Robert Curran, Youth Center Assistant Director 914-736-0498
Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator

OFFICE STAFF

Emma Giovinco Janice LaFave

The Town of Cortlandt gratefully acknowledges the cooperation extended by the Hendrick Hudson School District, Lakeland Central School District, Village of Buchanan, Village of Croton-on-Hudson, Cortlandt Town Center and to all other groups regarding the use of their facilities and to our business community for supporting our programs and teams.

CORTLANDT TOWN HALL	MAIN TELEPHONE NUMBER	914-734-1000
DEPARTMENT OF ENVIRONMENTAL SERVICES 167 Director Deputy Director Deputy Director/ Administration Working Supt. Highway Highway & Parks Division Sanitation Division Water Division Billing Issues, Northern Westchester Join	Steve Ferreira, P.E. Christopher Gross, P.E. Christina Edwards	914-737-0100 914-737-0100 914-737-0100 914-737-0075 914-737-0075 914-737-0100 914-734-1026 914-737-5380 EXT 114
HOTLINE FOR INFORMATION AND EVENTS		914-734-1000 EXT 28
DIRECTOR OF OPERATIONS	Claudia Vahey	914-734-1004
JUSTICE COURT	Judge Kimberly Ragazzo Judge Livia Rodriguez	914-734-1090
JUSTICE COURT CLERK	Audrey Stewart	914-734-1090
MURIEL H. MORABITO COMMUNITY CENTER 29 We Office of the Aging Director Nutrition Site Manager & Assistant to Director DEPARTMENT OF PLANNING & COMMUNITY DEVE	Dawn Mahoney Rebecca Ferguson	914-528-1464 914-528-8377
Director	Christopher Kehoe	914-734-1080
PURCHASING DEPARTMENT/ CENTRAL SUPPLIES Director of Purchasing	Jennifer Glasheen	914-734-1046
RECEIVER OF TAXES	Debra A. Carter	914-734-1030
DEPARTMENT OF RECREATION AND CONSERVATION Director Deputy Director	N Ken Sherman Lesley Popkin	914-734-1051 914-734-1058
SUPERVISOR RICHARD H. BECKER, MD Secretary to the Supervisor Assistant to the Supervisor Assistant to the Supervisor	Judi Peterson Dianne Carroll Elvia Sinchi	914-734-1002 914-734-1002 914-734-1101 914-734-1002
DEPARTMENT OF TECHNICAL SERVICES CODE ENF Director D.O.T.S Deputy Director, D.O.T.S. Director, Code Enforcement Assistant Director, Code Enforcement	FORCEMENT, ENGINEERING, AND PL Michael Preziosi, P.E. Artie D'Angelo, Jr., P.E. Martin Rogers, P.E.	ANNING 914-734-1060 914-734-1060 914-734-1010 914-734-1015
TOWN ASSESSOR	Denise Knauer	914-734-1040
TOWN ATTORNEY DEPUTY TOWN ATTORNEY	Thomas Wood Michael Cunningham	914-736-0930 914-736-0930
TOWN COMPTROLLER	Patricia Robcke	914-734-1070
TOWN CLERK	Laroue Shatzkin	914-734-1020
YOUTH & RECREATION CENTER 3 Memorial Drive, Control Youth Center Director Youth Center Assistant Director	roton on Hudson Lindsey Luposello Robert Curran	914-736-0498 914-736-0498

Welcone Fall

We are excited to begin the Fall season as we've had a summer filled with warm temperatures, sunny days and fun! Our kids enjoyed days spent at camp, the Cook Pool and summer field trips.

Here are some major highlights and special events this fall season. Additional details are provided within this planner.

Shakespeare in the Park

Saturday, 9/20 — Cortlandt Waterfront Park, 7:00 PM

Festival of Makers

Saturday, 9/27 — Cortlandt Waterfront Park, 11:00 AM-5:00 PM

Family Fun Day
Saturday, 10/4 — Cortlandt Train Station/ Cortlandt Youth & Recreation Center, 3:00–7:00 PM, Fireworks

5K Road Race

Saturday, 10/25 — Cortlandt Waterfront Park, 9:30 AM start

Halloween Dog Parade

Saturday, 10/25 — Cortlandt Dog Park, 130 Sprout Brook Road, 2:30-3:30 PM

Hobgoblin Parade

Saturday, 10/25 — 1:00 PM, Cortlandt Youth & Recreation Center

Halloween Party
Friday, 10/31 — 6:00–8:30 PM, Muriel H. Morabito Community Center

Our annual Winter Wonderland event will be held on Saturday, December 13th at the Cortlandt Youth Center. Once again, our synthetic ice-skating rink will open tentatively on Saturday, November 22. More information to come.

Did you know the Town of Cortlandt sends out weekly e-newsletter on Fridays to help keep, you, our residents informed about everything Cortlandt? Learn about upcoming local events, musthave apps, employment opportunities, community achievements, messages from the Desk of Supervisor Dr. Richard Becker and more! You can subscribe by visiting https://lp.constantcontactpages.com/ su/1UuJlzo.

Wishing you a wonderful Fall season with friends and family.

idasH-1Jecke

Richard H. Becker, M.D. Supervisor, Town of Cortlandt



Storm Preparedness Town of Cortlandt Information



Important Resources and Links

Con Edison 800-752-6633 www.coned.com

Sign up for alerts on the Town of Cortlandt Website: www.townofcortlandtny.gov/alerts

Town of Cortlandt Storm Hotline 914-914-97-STORM 914-977-8676 www.townofcortlandtny.gov

Town of Cortlandt, DES Highway Division 914-737-0075

highway@townofcortlandtny.gov for downed trees and/or wires

Town of Cortlandt Facebook www.facebook.com/townofcortlandt

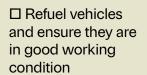
Optimum Cable, NY — Bronx/ Brooklyn/ Westchester Residential Customer Service, 718-860-3513 www.optimum.net

Verizon FIOS 800-837-4966 www.verizon.com/home/fios/

NYS Police — Non Emergency Phone, 914-737-7171
Westchester County Police — Non Emergency Phone, 914-864-7701
Emergency — 911

Storm Preparedness Checklist

- ☐ Pay close attention to weather advisories and storm warnings
- ☐ Keep a flashlight and fresh batteries handy



- ☐ Have a battery powered radio to keep informed of restoration efforts
- ☐ Have a plan to check on vulnerable neighbors and family members
- ☐ Stock water and packaged or canned foods that do not require refrigeration
- ☐ Have a phone that does not require an electric outlet to operate; Charge cell phones or have a car cell phone charger
- ☐ Ensure adequate supplies of medications, cash, and other necessities

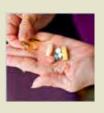














- Stay at least 30 feet away from downed power lines, and lines that may be entangled and hidden in fallen trees. Assume a downed line is live.
- Avoid using candles for illumination.
- Never use outdoor gas or charcoal grills, indoors as they pose a fire hazard and, over time, can give off deadly carbon monoxide gas. Use these appliances outdoors only, with proper ventilation. Operate motor vehicles outdoors only, and never in the garage.

New Electric Vehicle (EV) Outlet Stations



Coming Soon!

Through a grant provided by NYSERDA's Clean Energy Communities program, the Town of Cortlandt will be replacing the two existing electric vehicle charging stations at Town Hall with four new and updated Level 2 EV charging stations for a total of four charging ports. In total, the grant funds will provide for the installation of eleven new charging stations at the following townowned properties:

Location	Charging Stations*
Town Hall, 1 Heady Street, Cortlandt Manor	4
Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor	4
Charles J. Cook Pool, 293A Furnace Dock Road, Cortlandt Manor	3
*All EV Chargers will be Level 2 charging stations	

C.H.O.P. Cortlandt Heating Oil Program



What do you know about the Town of Cortlandt Heating Oil Plan, CHOP?

This is an initiative of the Town of Cortlandt Town Supervisor and the Town Board, designed to save you money on the high cost of heating your home this winter. Members of CHOP will be able to purchase oil at a discount, through our bulk purchasing arrangement. The cost will be 30- 40 cents per gallon above the wholesale cost to our local distributors, averaging approximately 20 cents per gallon less than the homeowner can obtain. This results in a savings for our homeowners.

This is a totally voluntary program, in which all homeowners may join our oil plan by paying a \$5.00 membership fee. For additional information, frequently asked questions and for participating oil companies, visit www.townofcortlandtny.gov/chop for more information.

VETERANS INFORMATION

VETERANS MEETINGS

Our Cortlandt Regional Veterans Committee meets monthly at Cortlandt Town Hall, 1 Heady Street. Chairman, Willy Nazario (a Purple Heart Vietnam Veteran) and his fellow Veterans represent the pride in Country that is reflected in all of our Veterans throughout the years.

If you have any questions in regard to the meetings, please call 914-734-1002.

VIETNAM MEMORIAL AND MILITARY ORDER OF THE PURPLE HEART MEMORIAL AT CORTLANDT TOWN HALL

The Town of Cortlandt has two beautiful memorials on the front lawn at Town Hall. Both our Vietnam Memorial, which was constructed during the 50th Anniversary of the war, and the Military Order of the Purple Heart Memorial honor our brave veterans. These memorials are a living tribute to those men and women who served and defended our Country and for those who sacrificed their lives for our freedoms in America.

In addition, we have a Veteran's Memorial at our Cortlandt Waterfront Park by the Hudson River in the hamlet of Verplanck honoring all veterans who have served in the many conflicts throughout the world.









CORTLANDT MILITARY TRIBUTE BANNERS



The Town of Cortlandt is proud to announce that we sponsor a Military Tribute Banner Program. The banners are a beautiful tribute to honor all of our men and women who have served or are currently serving in our nation's military. The banners will be displayed from Memorial Day to Veterans Day at three locations: along Route 9A near the VA Hospital in Montrose, Broadway in Verplanck and Oregon Road. Once this period ends, they are taken down and given to the sponsor who purchased the banner as a keepsake. The deadline to order for 2025 is April 7th.

For additional details regarding these special banners and for ordering/payment information, please visit the Town Information Section at www.townofcortlandt.com. You may also contact the Supervisor's Office at 914-734-1002 or DianneC@townofcortlandt.com.



In honor of our Town of Cortlandt Disabled Veterans and their spouses, the Town of Cortlandt Recreation

Department will offer half prices for all recreation programs offered in this planner.

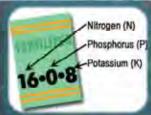
SOLUTIONS TO STORMWATER POLLUTION

EASY THINGS YOU CAN DO EVERY DAY TO PROTECT OUR WATER

Stormwater is water from rain or melting snow that flows from rooftops, paved areas, and lawns that doesn't soak into the ground. Instead, it runs off into waterways, streams, ponds, lakes, and rivers. As it flows, stormwater runoff collects and transports soil, animal waste, salt, fertilizers, oil and grease, pesticides, litter, and other potential pollutants. This pollution can enter groundwater, streams, lakes, ponds, and rivers. It can even affect the quality of our drinking water!

Increase in impervious surfaces cause more stormwater runoff. Because less water is soaking into the ground flooding can become more frequent and more destructive. The Town of Cortlandt is a regulated community and has enacted updated Town ordinances governing stormwater. To learn more, visit our website at: www.townofcortlandt.com/stormwater

WHAT CAN YOU DO TO HELP WITH STORMWATER ISSUES?

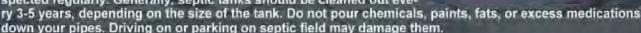


LAWN CARE

Most lawns tested in Westchester County DO NOT need more phosphorus. If you must fertilize, use phosphorus-free fertilizer (where the middle number on the bag is zero). Excess fertilizer flows into streams, lakes, rivers, and reservoirs, where it can degrade drinking water, lead to algae and plant growth and contribute to fish kills. Don't fertilize when rain is expected. Leave grass clippings on the lawn to recycle nutrients. More information on lawn care is available in the Town of Cortlandt Recycling brochure.

SEPTIC SYSTEM MAINTENANCE

Failing septic systems can contaminate groundwater, drinking water and surface flows. Most of the Town of Cortlandt is serviced by individual septic systems. Your septic system should be pumped and inspected regularly. Generally, septic tanks should be cleaned out even as a septic system.





LANDSCAPING HELPS



Keep vegetation and organic material on the soil, especially on slopes. Landscape to limit the steepness or length of slopes. Build a buffer of vegetation by watercourses to help filter sediment. Replace the lawn at water's edge with shrubs, hedges or trees. Anything that slows the flow of water will help us give time for the pollution to be removed.

CARE FOR YOUR CAR

Little drops of oil and gas add up. One pint of oil can cause an oil slick the size of a football field. Take used motor oil to gas stations. NEVER pour it down the drain. Take other fluids to approved recycling locations. Use saw dust or kitty litter to clean up leaks and spills in your driveway. Wash your car on your lawn if possible to capture runoff.

SCOOP THE POOP

Please pick up after your dog. It doesn't matter the size of the animal- all animal waste has an impact. Pet waste contains harmful bacteria and phosphorus that can promote the growth of weeds and algae.

REPORTING STORMWATER POLLUTERS

Your actions or the action of your neighbor affects our water resources. We are all downstream of someone. No polluted water should be allowed to go into our stormwater system. If you notice pollution of Stormwater you can report the details to DOTS - Engineering at 914-734-1010.



How to register for programs online

Fall 2025 Online Registration will begin on:

Friday, September 5, 2025, 8:30 AM

NEW Beginning with Fall 2025 Registration-Senior Programming is now available online!

If you have any questions concerning account activation, registration or payments, specifically related to Senior Programming, please contact us at: 914-528-1572 or seniors@townofcortlandtny.gov.

To create a family account and register for programs, follow the instructions below or on the Community Pass site.



How to Create a Family Account:

- 1. Go to www.townofcortlandtny.gov/reconline
- 2. From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
- 3. On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
- 4. On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.' Then click 'Finish.'
- 5. Please save your login and password for future use.

How to Register for Programs:

- 1. Go to <u>www.townofcortlandtny.gov/reconline</u> to log back into the system.
- 2. Log in using the permanent username and password for your account.
- 3. Click the 'Click Here to Register' button.
- 4. Select the applicable Catalog by clicking the 'Continue' button next to your choice.
- 5. Verify email. Click 'Continue'.
- 6. Select the person registering, then 'Continue'.
- 7. Select the program (s) you wish to attend.
- 8. When finished with selections, click 'Continue'.
- 9. Complete payment information.

If you have any questions concerning account activation, registration or payments, please contact us at: 914-734-1050 or reconline@townofcortlandtnv.gov.

IMPORTANT REGISTRATION INFORMATION

 Registration for Recreation Programs, Youth Center Programs, and Leagues can also be mailed to the Recreation office (PLEASE NOTE: Due to the popularity of our programming, and accessibility of online registration, mailing in your registration may result in waitlist); Registration office hours for registration are 9:00 AM to 3:30 PM:

Town of Cortlandt Recreation & Conservation Heady Street

Cortlandt Manor, New York 10567

 Registration for Senior Programs, Events, and Trips can also be mailed to the Muriel H. Morabito Community Center; Registration office hours for registration are 9:00 AM to 3:30 PM:

Muriel H. Morabito Community Center 29 Westbrook Drive Cortlandt Manor, New York 10567

- Use the appropriate registration form included in the back of this planner for in office and/or mail in registrations.
- Include cash, a check, or a money order payable to THE TOWN OF CORTLANDT RECREATION

DEPARTMENT for the total amount.

- Individual checks are necessary for separate courses and camp programs.
- If a check is returned to the Recreation
 Department due to insufficient funds, there will
 be a \$20.00 service charge. Checks **CANNOT BE REDEPOSITED**. Cash or Money Order will be
 required immediately to replace returned check and
 service charge.
- There is a point when a program must be cancelled or modified if there is insufficient registration. All programs require a high level of coordination often including facility scheduling, staffing, volunteer recruitment and purchasing of supplies. Please register early! It is recommended that your registration be completed a minimum of two weeks prior to the start of the program.
- If space is available in any program one week prior to the start of the program, nonresidents will be allowed to participate by paying a 20% surcharge of the higher fee.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.

Photo J.D. Cards & Hollow Brook Golf Stickers

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

- Previously issued ID cards are NOT acceptable as current proof of residency.
- THE TOWN OF CORTLANDT RECREATION DEPARTMENT DOES NOT ACCEPT AMERICAN EXPRESS.
- Adult and Youth ID Card fee, \$8.00.
- Senior Citizen ID Card fee (60+, must provide identification), \$4.00.



Town of Cortlandt Recreation Photo ID Cards VIA COMMUNITY PASS and EMAIL

The fees listed for programs differ for those participants with or without a Town of Cortlandt Recreation Photo ID Card. Note that all valid photo ID cards have expiration dates. Please check your card.

- 1. Residents must first create an account through Community Pass (*Please be sure to enter every household member into your family account that you would like to have registered for a Town of Cortlandt Recreation ID Card):
 - Go to www.townofcortlandtny.gov/reconline
 - From the Town of Cortlandt Community Pass login homepage click on the "Create an Account" tab.
 - On the next page complete the "Account Creation" fields and click on Create at the bottom of the page.
 - On the next page you will see the Community Pass Privacy Statement. After reading, click 'Accept.'
 - Then click 'Finish.' Please save your login and password for future use.
- 2. Each adult resident in the household requesting an ID Card must submit two forms of proof of residency (Drivers license, current utility bill, current paystub, check with Town of Cortlandt address, car registration, etc. Previously issued ID cards are NOT acceptable as current proof of residency), via email to recidcard@townofcortlandtny.gov, along with the following.
 - Residents must also specify which family members in their account would like an ID Card
 - Residents must also submit photos of each family member requesting an ID Card
 - In color
 - Taken within the past 6 months, showing current appearance
 - Use a clear image of your face. Do not use filters commonly used on social media.
 - Full face, front view with a plain background
 - Have someone else take your photo. No selfies.
 - Do not wear a hat or headgear
 - Do not wear sunglasses
- 3. Office staff will then register each family member for their ID Cards.
- 4. Residents will be notified when their ID Cards are registered through Community Pass. *Families will not be eligible to register for any other program until the balance for their ID Cards is paid in full.*
- 5. Finally, office staff will print the physical ID Cards, and mail them to the address on the residents Community Pass account.

Residents may also get Town of Cortlandt Recreation Photo ID Cards in office at Town of Cortlandt Town Hall located at 1 Heady Street, Cortlandt Manor, Office #11; hours are Monday- Friday, 9:00 AM- 3:30 PM.

Buchanan and Croton residents may use their Village ID card to receive our ID card rate for all programs except our summer swim passes and summer swim lessons. If you have a Buchanan or Croton Village ID Card and wish to register for a program online, please contact the Town of Cortlandt Recreation Department at recident@townofcortlandtnv.gov.

General Recreation Department information

CREDITS/ REFUNDS FOR FOR RECREATION DEPARTMENT PROGRAMS

A full refund will be issued for any program cancelled by the Recreation Department.

- Any refund request because of illness or accident must be submitted in writing and be accompanied by a Doctor's Note. Refunds will be prorated based on the date received. Requests must be made prior to the end of the program and will not be considered when a program is half over. All requests must be submitted in writing.
- All other refund/credit requests (other than medical) must also be submitted in writing and will be assessed a \$15.00 processing fee and issued a prorated program credit based on the date received. The credit must be used within two years from the date and must be mailed in with your application to ensure proper credit towards your next program or league registration. The credit is not replaceable original form must be submitted for credit.
- Whether the initial registration is paid via cash, check, or credit card, all refunds will be issued via check.

SLIDING FEE SCALE AVAILABLE FOR RECREATION DEPARTMENT PROGRAMS

It is the intention of the Town that no resident of the Town be denied the ability to participate in programs because of an inability to pay. Income Tax backup is necessary, unemployment information, and any other paper work is requested for financial help already received by any other agencies. The fee reduction can be used with any program registration, sports league or resident pass in the Recreation Division. Fee reduction applications are available in the Recreation Department through Emma Giovinco at emmag@townofcortlandtny.gov or 914-734-1054.

RECREATION DEPARTMENT "SUGGESTION BOX"

There may be an activity or program that you enjoy which is not presently offered by the Town of Cortlandt Recreation Department. You may also have ideas for new programs or constructive comments on the improvement of existing programs and services. In either case, the Town of Cortlandt Recreation Department encourages residents to express their ideas and concerns! Help us offer the best programs and services! Send all ideas and comments to tocrec@townofcortlandtny.gov.

HANDICAPPED ACCESSIBILITY

Programs described in this planner have been audited by our staff to determine general accessibility. All Town of Cortlandt facilities and Schools that are used to hold our programs are barrier free. For programs that are held outdoors please call the Recreation Department at 914-734-1050 for information.



The Town of Cortlandt does not provide Accident Insurance. The Town is not responsible for typographical errors.

ADULT PROGRAMS

WATER FITNESS

BADMINTON

YOGA, CORE & STRENGTH



ADULT PROGRAMS

"THE TENNIS PROGRAM
IS GREAT FUN AND THE
INSTRUCTORS DO AN
EXCELLENT JOB. IT'S
WHY THE PARTICIPANTS
KEEP COMING BACK
SEASON AFTER SEASON."

- PAUL BUFANO



Adult Programs

Seniors ages 60+, <u>some</u> program fees are half of the rate listed without ID (HALF PRICE DISCOUNT FOR TOWN OF CORTLANDT RESIDENTS ONLY)

The half price rate for recreation programs will also be offered to Town of Cortlandt Disabled Veterans and their spouses (Proof required).

BADMINTON

Geert Janssen, Instructor

This will be a non league badminton program designed for adults. The program is for fun and exercise. Come out and have a good time.

Course Number: 401-1F

Location: Blue Mountain Middle School

(7 Furnace Woods Road, Cortlandt Manor)

Day/Dates: Tuesday, starting **Date:** September 30

(8 sessions)

Time: 6:30 PM- 8:00 PM

Fee: \$35 with ID/ \$40 without ID/

\$48 nonresident



Lionel Patterson, Supervisor

Free Play Basketball.

Course Number: 400-1F

Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)

Day/Dates: Saturday, starting **Date:** September 20 (12 sessions)

Time: 10:00 AM- 12:00 PM

Fee: \$50 with ID/ \$55 without ID/ \$66 nonresident

BASKETBALL (18 & Over)

Lionel Patterson, Supervisor

Free Play Basketball.

Course Number: 400-2F

Location: Hendrick Hudson High School Gym (2166 Albany Post Road, Montrose)

Day/Dates: Tuesday, starting **Date:** September 16 (11 sessions)

Time: 8:00 PM- 10:00 PM

Fee: \$50 with ID/ \$55 without ID/ \$66 nonresident

BEGINNER TRIPLE TIME EAST COAST SWING

Come have fun learning how to get your Swing on – a great partner dance to learn for social occasions! Classes are taught in an enjoyable, comfortable interactive environment for absolute beginners or those who wish to improve their skills. Learn the basics and a good vocabulary (dance steps) to get you out on the dance floor! Taking both classes helps to reinforce what you're learning, and you'll know two dances! No experience or partner necessary. Classes are progressive each week and no make-up classes are allowed/provided. Instructor Liz Peterson holds a B.A. in Dance, has been teaching for 34 years and loves to share the joy of dancing! *Participants will receive a discount when registering for both East Coast Swing & Fox Trot \$150 with ID/ \$155 without ID/ \$174 nonresident.

Course Number: 464-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Date: Tuesday, starting **Date:** September 23 (6 Sessions)

Time: 6:30 PM- 7:30 PM

Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident



BEGINNER FOXTROT

Come have fun learning a great partner dance to learn for slow dance songs at social occasions! Classes are taught in an enjoyable, comfortable interactive environment for absolute beginners or those who wish to improve their skills. Learn the basics and a good vocabulary (dance steps) to get you out on the dance floor! Taking both classes helps to reinforce what you're learning, and you'll know two dances! Classes are progressive each week and no make-up classes are allowed/provided. Instructor Liz Peterson holds a B.A. in Dance, has been teaching for 34 years and loves to share the joy of dancing!

*Participants will receive a discount when registering for both East Coast Swing & Fox Trot \$150 with ID/ \$155 without ID/ \$174 nonresident.

Course Number: 465-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Date: Tuesday, starting **Date:** September 23 (6 Sessions)

Days/Dates: 7:45 PM- 8:45 PM

Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

DEFENSIVE DRIVING COURSE

B.J. Jani, Instructor

This is an approved course by the Department of Motor Vehicles. Upon completion of this course the DMV will reduce points from the license and insurance companies give discounts on the Liability and Collision portion of the automobile insurance premiums. It is a great course that helps you learn techniques to become a safer driver. Please bring your drivers license and a pen.

Course Number: 403-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Dates: Monday & Tuesday, October 6 & 7

Days/Dates: 6:30 PM- 9:30 PM

Fee: \$45 with ID/ \$50 without ID/ \$60 nonresident

INTRODUCTION TO LEARNING JAPANESE LANGUAGE (Ages 12 & Older)

Nick DeMauro, Instructor

This course is designed to provide an introduction to spoken and written Japanese, aimed towards beginning to intermediate learners. Over the course of this 10 week session, students will learn the essentials of Japanese grammar, vocabulary, and writing. In addition, students will also receive an overview of Japanese culture and history in order to contextualize the language. Both adults and children welcome!

Course Number: 425-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Dates: Monday, starting **Date:** September 15 (10 sessions)

Days/Dates: 7:30 PM- 8:30 PM

Fee: \$150 with ID/ \$155 without ID/ \$186 nonresident

INTRO TO KARATE FOR ADULTS (Ages 12 & Older)

Jeff Butler, Instructor

Each week this class will rotate between forms practice, sparring/ self defense and focus mitts/ heavy bag.

Course Number: 457-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

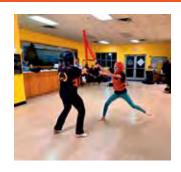
Days/Dates: Saturday, starting date, October 4 (8 sessions)

Days/Dates: 10:00 AM- 11:00 AM

Fee: \$55 with ID/\$60 without ID/\$71 nonresident

Adult Programs







KARATE & ADVANCED KARATE (Ages 10 & Older)

Jeff Butler, Instructor

TAE KWON DO (Korean) style of Karate. A sophisticated program to teach self-awareness, confidence, and physical fitness. Students are asked to wear loose clothing or Karate Gl's (not required). A program for the beginner as well as those who have some experience. This program is affiliated with the World Tae Kwon Do Association. Children under 16 should be accompanied by an adult.

Course Number: 410-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Dates: Thursday, starting **Date:** October 2 (12 sessions)

Time: 6:00 PM- 8:00 PM

Fee: \$55 with ID/ \$60 without ID/ \$71 nonresident

INTRODUCTION TO SWORDSMANSHIP (Ages 12 & Older)

Jeff Butler, Instructor

A fun class that teaches martial arts swordsmanship with science fiction twist. Class includes warm ups, technique western fencing, drills, and fight choreography. Participants are encouraged to wear gym attire clothes so that they can stretch freely. This class is taught like a martial arts class and uses combat strength sabers for safety. Anyone under the age of 16 must have a parent or guardian present.

Course Number: 432-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Dates: Sunday, starting **Date:** October 5 (12 sessions)

Time: 4:30 PM- 6:00 PM

Fee: \$55 with ID/ \$60 without ID/ \$71 nonresident

ADVANCED SWORDSMANSHIP (Participants must have completed beginner class to register)

Jeff Butler, Instructor

Course Number: 432-2F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Date: Sunday, starting **Date:** October 5 (12 sessions)

Time: 6:00 PM- 7:30 PM

Fee: \$55 with ID/ \$65 without ID/ \$71 nonresident



Adult Programs

PICKLEBALL 101 (Youth & Adults Age 14 and Over)

Beth Shea, PPR Certified Professional Instructor

This class will teach all participants the rules, scoring, strokes and strategy of this fun and increasingly popular sport. If you like ping pong, you will enjoy pickleball! Full games with scoring will take place in the last two classes. This class is appropriate for brand new players or those who have tried the sport a couple of times and want to learn the basics correctly. Participants can only sign up for one class! Bring your paddles and wear sneakers.

Course Number: 455-1F

Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)

Days/Dates: Tuesday, starting **Date**: October 7 (4 sessions)

Time: 4:30 PM- 5:30 PM

Fee: \$116 with ID/ \$121 without ID/ \$145 nonresident

Course Number: 455-2F

Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)

Days/Dates: Thursday, starting **Date:** October 9 (4 sessions)

Time: 1:00 PM- 2:00 PM

Fee: \$116 with ID/ \$121 without ID/ \$145 nonresident

Course Number: 455-3F

Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)

Days/Dates: Tuesday, starting **Date:** November 18 (4 sessions)

Time: 4:30 PM- 5:30 PM

Fee: \$116 with ID/ \$121 without ID/ \$145 nonresident

Course Number: 455-4F

Location: Premier Athletic Club Gymnasium (2127 Albany Post Road, Montrose)

Days/Dates: Thursday, starting **Date:** November 13 (4 sessions)

Time: 1:00 PM- 2:00 PM

Fee: \$116 with ID/ \$121 without ID/ \$145 nonresident

PICKLEBALL BEGINNERS CLINIC (Youth & Adults Age 14 and Over)

Beth Shea, PPR Certified Professional Instructor

This clinic will teach all participants the rules, scoring, strokes and strategy of this fun and increasingly popular sport. If you like Ping-Pong, you will enjoy pickleball! Mini games with scoring will take place in the last thirty minutes. The clinic is appropriate for brand new players or who have tried the sport a couple of times and want to learn the basics correctly. Please bring a paddle, water bottle and sneakers.

Course Number: 454-1F

Location: Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)

Days/Dates: Saturday, September 27 Time: 1:30 PM- 3:30 PM

Fee: \$28 with ID/ \$33 without ID/ \$40 nonresident

SHARPEN YOUR SKILLS AT PICKLEBALL (Ages 18 & Older)

Beth Shea. PPR Certified Professional Instructor

Designed for players who know the rules, scoring and basics and have played several times, this smaller group class will offer feedback on how to improve each person's skill set and use better strategy. It will also include pointers about communication on the court and injury prevention.

Course Number: 460-1F

Location: Croton Avenue Pickleball Courts (225 Croton Avenue, Cortlandt Manor)

Days/Dates: Saturday, September 27 Time: 12:00 PM-1:00 PM

Fee: \$25 with ID/ \$30 without ID/ \$36 nonresident

TAI CHI & CHI KUNG (Ages 16 and Over)

Sifu Nat Costanzo, Instructor

Perfected over 2000 years ago, Tai Chi is a low impact workout designed to increase your mental and physical energy. Tai Chi is the most popular Chinese exercise in the world and is practiced daily by millions of people both young and old. The short form will be taught, as well as Chi Kung exercises and stretching to improve one's flexibility, balance and coordination. Chang style Tai Chi will help you achieve total harmony of body, mind and spirit. The slow rhythmic movements of Tai Chi will tone muscles, improve overall fitness, endurance, and will increase your strength. Tai chi is also very beneficial in stress reduction and relaxation.

BEGINNER I

Course Number: 415-1F

Location: Blue Mountain Middle School Exercise Room (7 Furnace Woods Road, Cortlandt Manor)

Day/Dates: Monday, starting **Date:** November 3 (4 sessions)

Time: 7:30 PM- 8:30 PM

Fee: \$40 with ID/ \$45 without ID/ \$54 nonresident

BEGINNER II (*Previously attended) Beginner I will be dismissed at 8:30 those who register will continue for additional 15 minutes every week, depending on the number of participants.

Course Number: 415-2F

Location: Blue Mountain Middle School Exercise Room (7 Furnace Woods Road, Cortlandt Manor)

Day/Dates: Monday, starting **Date:** November 3 (4 sessions)

Time: 8:30 PM- 8:45 PM

Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

ADULT TENNIS INSTRUCTION (Ages 18 & Over)

Lydia Reynolds, Instructor

All registrants must bring their own racquets.

Beginner No previous instruction

Intermediate Can sustain rally, dependable forehand, and previous experience.

COURSE# DAY **LEVEL** TIME 416-1F Adult Beginner Saturday 10:00 AM- 11:00 AM 416-2F Adult Intermediate Saturday 11:00 AM- 12:00 PM 416-3F Adult Advanced Intermediate Saturday 11:00 AM- 12:00 PM

Location: Lake Street Tennis Courts, (89 Lake Street, Montrose)

Day/Dates: Saturday, starting **Date:**

September 13 (6 sessions);

Fee: \$75 with ID/ \$80 without ID/

\$96 nonresident

ADULT VOLLEYBALL (Ages 16 & Over)

Joe Amarosa, Instructor

A non-league volleyball program designed for adults. This programs are for fun and exercise. Come out and have a good time!

Course Number: 419-1F

Location: Muriel H. Morabito Community Center

(29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Wednesday, starting **Date:**

September 17 (8 sessions)

Time: 7:00 PM- 9:00 PM

Fee: \$35 with ID/\$40 without ID/

\$48 nonresident



Adult Programs

WATER FITNESS

Pam Zicca, Instructor

This class is Cardio Jam, a traditional aquatic exercise for all fitness levels! The class is designed to improve flexibility, strength, muscle tone and cardiovascular endurance while using the resistance of water. Participants must know how to swim, please wear a bathing suit and bring a towel.

Course Number: 456-1F

Location: Premiere Athletic Club (2127 Albany Post Rd, Montrose)

Day/Dates: Wednesday, starting **Date:** October 8 (8 sessions)

Time: 9:30 AM- 10:30 AM

Fee: \$90 with ID/ \$95 without ID/ \$114 nonresident

WOGAI

Ruane Edge, Instructor

As we get older, our muscle mass decreases. By using one pound weights we will gain muscle and using yoga for toning.... Along with working on arms we will also do squats and lunges. There will be a 5 minute meditation at the end of class. Don't eat 2 hours before class, and bring the following items to class: water, yoga mat, 1 pound weight. Please dress in layers.

Course Number: 442-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Dates: Monday, starting **Date:** September 22 (10 sessions)

Time: 11:00 AM- 12:00 PM

Fee: \$100 with ID/ \$105 without ID/ \$126 nonresident

WOGA II

Ruane Edge, Instructor

As we get older, our muscle mass decreases. By using one pound weights we will gain muscle and using yoga for tuning.... Along with working on arms we will also do squats and lunges. There will be a 5 minute meditation at the end of class. Don't eat 2 hours before class, and bring the following items to class: water, yoga mat, 1 pound weight. Please dress in layers

Course Number: 442-2F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Dates: Wednesday, starting **Date:** September 24 (10 sessions)

Time: 10:00AM- 11:30AM

Fee: \$110 with ID/ \$115 without ID/ \$128 nonresident

YOGA, CORE, AND STRETCH

Karen Lett, Instructor

Deepen your yoga practice and nurture your body. Decrease stress and increase strength, flexibility, balance, focus, and overall well-being. Special emphasis placed on posture, core, and breath. Bring a yoga mat, water, and a large towel to class. Please also bring blocks and a strap if you have them.

Course Number: 449-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Dates: Wednesday, starting **Date:** September 24 (9 sessions)

Time: 6:30 PM- 7:45 PM

Fee: \$100 with ID/ \$105 without ID/ \$126 nonresident

20 | Fall 2025

Adult Programs

LITE YOGA

Ruane Edge, Instructor

Have you ever wanted to learn yoga? Then this is the class for you. This class will take you step by step through poses and breathing to relax the whole body. There will be a 5 minute meditation at the end of the class. Please bring a yoga mat and water to every class.

Course Number: 451-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Dates: Monday, starting **Date:** September 22 (10 sessions)

Time: 9:30AM- 10:30 AM

Fee: \$100 with ID, \$105 without ID/ \$126 nonresident

YOGA II

Ruane Edge, Instructor

This class is for more experienced yoga people. More poses, and deepening breathing. There will be a 5 minute meditation at the end of class. Please bring yoga mat and water to every class.

Course Number: 452-2F *some yoga experience required

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Dates: Tuesday, starting **Date:** September 23 (10 sessions)

Time: 10:00 AM- 11:30 AM

Fee: \$110 with ID, \$115 without ID/ \$138 nonresident



YOUTH PROGRAMS

SPARK BUSINESS ACADEMY PROGRAMS



SWIM INSTRUCTION

STORYBOOK COOKING



YOUTH PROGRAMS

"[AMERICAN RED CROSS BABYSITTING] WAS ONE OF MY FAVORITE COURSES
THAT I ATTENDED AT THE YOUTH CENTER. IT WAS VERY FUN AND I LEARNED
A LOT FROM IT. MY FAVORITE THINGS WERE LEARNING HOW TO CARE FOR
CHILDREN, SAFETY CARE AND HELP A BABY IF THEY ARE CHOKING. THIS IS ALSO
GOOD TO KNOW IN EVERYDAY LIFE. AT THE END OF THE SESSION, WE WERE
GIVEN AN OFFICIAL CERTIFICATE TO SHOW ANY PARENTS WHO ASKS FOR OUR
HELP TO BABYSIT. I ENJOYED THIS A LOT, I HOPE YOU WILL TOO!"- HOPE ALVAREZ





AMERICAN RED CROSS BABYSITTING COURSE

(Ages 11-16)

Angela Reeve, Instructor

This in-person course prepares youth ages 11-16 to safely and confidently care for children and infants. It includes hands-on activities videos and discussions to develop essential real-life readiness babysitting skills. The course covers feeding diapering picking up and holding children safety and emergency response. Participants receive a 10-year Babysitter's Training certificate upon completion. Bagged lunch, water and snack are recommended.

Course Number: 600-1F

Location: Cortlandt Youth & Recreation Center

(3 Memorial Drive, Croton on Hudson)

Day/Dates: Tuesday, November 4 **Time:** 11:00 AM- 4:00 PM

Fee: \$84 with ID/ \$89 without ID/

\$107 nonresident

ART EXPLORERS (Grades K- 3rd)

Cathy Carabee-Faiella, Instructor

Enjoy elbow deep excitement experimenting with materials & techniques including 3D fun, painting, drawing, paper Mache, and collage in an encouraging supportive environment. Your young artist will stretch their imagination & observational skills to develop their own artistic voice while drawing inspiration from famous artists & art from around the world. Creative risk taking was never so much fun!

Course Number: 300-1F

Location: Cortlandt Youth & Recreation Center

(3 Memorial Drive, Croton on Hudson)

Day/Date: Monday, starting **Date:** September 29

(6 sessions) (No class on 10/13)

Time: 4:00 PM- 5:15 PM

Fee: \$175 with ID/ \$180 without ID/

\$216 nonresident

ART QUEST (Entering Grades 4th-7th)

Cathy Carabee-Faiella, Instructor

ALWAYS NEW PROJECTS! Your young artist will be challenged to observe, innovate, discover, take risks, and self-evaluate, while drawing inspiration from famous artists & art from around the world. Explorations using quality fine arts materials.

Course Number: 301-1F

Location: Cortlandt Youth & Recreation Center

(3 Memorial Drive, Croton on Hudson)

Day/Dates: Monday, starting Date: September 29

(6 sessions) (No class on 10/13)

Time: 5:30 PM- 7:00 PM

Fee: \$210 with ID/ \$215 without ID/

\$258 nonresident









AFTER SCHOOL BOWLING (Ages 8-15)

This program is designed for the Town of Cortlandt Youth so that they can experience bowling in a league format with friends and schoolmates. Participants play 2 games of bowling, free shoe rental, trophies, and a year end party.

Course Number: 302-1F

Location: Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)

Day/Dates: Friday, starting **Date:** September 19

(10 sessions)

Time: 4:00 PM- 5:30 PM

Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

BROADWAY ALL STARS (Grades 3rd-9th)

Robyn Ferracane, Instructor

Love to act or sing? This workshop is for everyone from the beginning student to the seasoned performer. Experience the fun of theatrical games, auditioning and having a role in a live production! Taught by a professional actress/director, youth will enjoy nine working classes with a final performance.

Course Number: 620-1F

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Day/Dates: Saturdays, starting **Date:** September 20 (no class 10/4; 9 sessions)

Time: 11:00 AM- 1:00 PM Performance: Saturday, November 22

Fee: \$210 with ID/ \$215 without ID/ \$252 nonresident



BUMPER BOWLING (Ages 5-8)

An early developmental program designed for youth that are interested in exploring fundamentals of bowling with guaranteed fun and success. Participants play 2 games of bowling, free shoe rental, trophies and a year end party. Parents are encouraged to stay and help with scoring and supervision.

Course Number: 303-1F

Location: Cortlandt Bowling Lanes (2192 Crompond Road, Cortlandt Manor)

Day/Dates: Friday, starting **Date:** September 19 (10 sessions)

Time: 4:00 PM- 5:30 PM

Fee: \$125 with ID/ \$130 without ID/ \$156 nonresident

BASKETBALL CLINIC (1st & 2nd Graders as of September 2025)

Ray Glashoff, Instructor

A clinic for 1st and 2nd graders designed to teach the basics of Basketball such as dribbling, passing and shooting. Also defensive fundamentals will be stressed in a non-competitive atmosphere. Each child will receive a basketball clinic shirt.

1st Grade

Course Number: 304-1F

Location: Buchanan Verplanck Elementary School Gym

(160 Westchester Avenue, Buchanan)

Day/Dates: Saturday, starting **Date:** January 10

(8 sessions; No class February 14)

Time: 9:00 AM- 10:00 AM

Fee: \$95 with ID/ \$100 without ID/ \$120 nonresident

2nd Grade

Course Number: 304-2F

Location: Buchanan Verplanck Elementary School Gym (160 Westchester Avenue, Buchanan)

Day/Dates: Saturday, starting **Date:** January 10

(8 Sessions; No class February 14)

Time: 10:15 AM- 11:15 AM

Fee: \$95 with ID/ \$100 without ID/ \$120 nonresident

BASKETBALL PROGRAM - YOUTH FREE PLAY (Ages 8-14)

A supervised open gym basketball program on Saturdays. NO PRE-REGISTRATION REQUIRED. **Location:** Furnace Woods Elementary School (239 Watch Hill Road, Cortlandt Manor) **Day/Dates:** Saturday, starting **Date:** January 10 (8 sessions; No free play February 14)

Time: 9:00 AM- 10:45 AM

Fee: Free

CREATIVE COOKING

Shari Munitz, Instructor

Come mix it up and join us for some creative cooking. We'll make it, bake it, stir it, cut it and lots more "hot stuff" (and cold cooking, too)! We'll integrate themes, science, math and more along with many skills while expanding our taste palate and being introduced to some new ingredients and food combinations. Not suggested for chefs with food allergies. Each week your young chef will make something different. Each session will teach new material.

(Grades K- 3rd)

Course Number: 643-1F

Location: Cortlandt Youth & Recreation Center

(3 Memorial Drive, Croton on Hudson)

Day/Dates: Tuesday, starting **Date:** November 18

(5 sessions)

Time: 4:00 PM- 5:00 PM

Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

(Grades 4th-8th)

Course Number: 643-2F

Location: Cortlandt Youth & Recreation Center

(3 Memorial Drive, Croton on Hudson)

Day/Dates: Tuesday, starting **Date:** November 18 (5 sessions)

Time: 5:45 PM- 6:45 PM

Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident





FLAG FOOTBALL CLINIC (Grades K-6th)

Cole Coyle, Instructor

Our youth flag football league provides a dynamic and inclusive environment where kids can engage in the excitement of football without the contact. Designed for various age groups, the league emphasizes skill development, teamwork, and sportsmanship. With practices focusing on fundamental skills, players learn the game in a fun and supportive setting. Weekly practices offer a chance to put these skills to the test, fostering both competition and camaraderie.

Coaches and volunteers are dedicated to creating a positive experience for every child, encouraging growth both on and off the field. The league aims to build confidence, physical fitness, and a love for the sport in a safe and encouraging atmosphere.

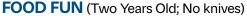
Course Number: 305-1F

Location: Sunset Field (85 Sunset Road, Montrose) **Day/Date:** Saturdays, starting date September 20

(8 sessions)

Time: 9:00 AM- 10:15 AM

Fee: \$125 with ID/ \$130 without ID/ \$156



Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number: 224-1F

Location: Cortlandt Youth & Recreation

Center (3 Memorial Drive, Croton on Hudson)

Day/Dates: Tuesday, starting **Date:**

November 18 (5 sessions)

Time: 9:15 AM- 10:00 AM

Fee: \$125 with ID/ \$130 without ID/ \$150 nonresident

HIDDEN SIGNS OF ANIMALS (ENVIRONMENTAL) (Ages 5+)

Terry Kardos, Instructor

Who nibbled that twig? You can find out what animals have been hanging around lately even if you can't see or hear them. On this hike through the woods, learn how you can discover the clues animals leave.

Course Number: 901-1F

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Day/Dates: Saturday, September 27 Time: 1:00 PM- 2:30 PM

Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

HIKE TO THE SECRET COVE (ENVIRONMENTAL) (Ages 5+)

Terry Kardos, Instructor

Hike to the "Secret Cove" on the Hudson River. Please note that there are steep hills.

Course Number: 912-1F

Location: Georges Island Park (Dutch Street, Montrose-Drive past the end of Dutch Street,

look for the hot pink sign on the side of the brown gatehouse for which lot to park in)

Day/Dates: Saturday, October 4 **Time:** 1:00 PM- 2:30 PM

Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident





HOME ALONE (Grades 5th-8th) - See YC SPECIALTY PROGRAMS

HOME SWEET HOME: ALL ABOUT ANIMAL HOMES (ENVIRONMENTAL) (Ages 3+)

Terry Kardos, Instructor

High, low, and in-between, animal homes abound in nature. How many can we find in this hike? (Children under 5 should be accompanied by an adult.)

Course Number: 907-1F

Location: Georges Island Park (Dutch Street, Montrose

Drive past the end of Dutch Street, look for the hot pink sign on the side of the

brown gatehouse for which lot to park in)

Day/Dates: Saturday, October 25 1:00 PM- 2:30 PM

Fee: \$10 with ID/ \$15 without ID/ \$18 nonresident

KARATE & ADVANCED KARATE (Ages 10 & Older) See ADULT PROGRAMS

KARATE 4 KIDZ (Ages 6 -14)

This is for those children with no experience or for those who have some previous training but want to get back into martial arts at a slower pace. Participants will learn basic techniques, stretching, and some focus mitts/ heavy bag. This is NOT a drop-off program.

Course Number: 308-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Date: Saturday, starting **Date:** October 4 (8 sessions)

Time: 9:00 AM- 10:00 AM

Fee: \$55 with ID/ \$60 without ID/ \$71 nonresident

LIVING LIKE A LENAPE (Ages 3+)

Terry Kardos, Instructor

The Lenape were the native people living in this region before Henry Hudson sailed up what we now call the Hudson River. In a short hike you will learn what they used to build their homes, what they ate, and what they used for medicine. You will also play some Lenape games, make one to take home, and maybe hear a Lenape story or two.

Course Number: 910-1F

Location: Georges Island Park

(Dutch Street,

Montrose-Drive past the end of Dutch Street, look for the hot pink sign on the side of the brown gatehouse for which lot

to park in)

Day/Dates:Saturday, October 18Time:1:00 PM- 2:30 PMFee:\$10 with ID/

\$15 without ID/ \$18 nonresident

PICKLEBALL 101 (Ages 14 & Older)

See Adult Programs

PICKLEBALL BEGINNER CLINIC

(Ages 14 & Older) See Adult Programs



SKYHAWKS BASEBALL

Learn the fundamentals of fielding, catching, throwing, hitting, and base running– all in a fun, positive environment! Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

Grades K-1st

Course Number: 339-1F

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Day/Date: Saturday, starting **Date:** September 27 (6 sessions)

Time: 12:30 PM- 1:30 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

Grades 2nd & 3rd

Course Number: 339-2F

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Day/Date: Saturday, starting **Date:** September 27 (6 sessions)

Time: 1:30 PM- 2:30 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS BASKETBALL

This fun, skilled-intensive program, is designed for beginning to intermediate players. Using our progressive curriculum, we focus on the whole player, teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small-sided scrimmages.

Grades 3rd-5th

Course Number: 336-1F

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Day/Date: Wednesday, starting **Date:** September 24 (6 sessions)

Time: 4:30 PM- 5:30 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

Grades 6th-8th

Course Number: 336-2F

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Day/Date: Wednesday, starting **Date:** September 24 (6 sessions)

Time: 5:30 PM- 6:30 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SoccerTots is the Skyhawks flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Parent participation required for ages 2-3.5 years.

SKYHAWKS SOCCERTOTS: LITTLE CUBS (Age 2)

Course Number: 218-1F

Location: Van Cort Elementary School, Front Field (3100 E Main Street, Mohegan Lake)

Day/Dates: Sunday, starting **Date:** September 21 (6 sessions)

Time: 9:30 AM-10:15 AM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS SOCCERTOTS: CUBS (Age 3)

Course Number: 218-2F

Location: Van Cort Elementary School, Front Field (3100 E Main Street, Mohegan Lake)

Day/Dates: Sunday, starting **Date:** September 21 (6 sessions)

Time: 10:30 AM-11:15 AM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS SOCCERTOTS: BEARS (Age 4)

Course Number: 218-3F

Location: Van Cort Elementary School,

Front Field (3100 E Main Street, Mohegan Lake)

Day/Dates: Sunday, starting **Date:** September 21

(6 sessions)

Time: 11:30 AM-12:15 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS SOCCERTOTS: GRIZZLIES (Age 5)

Course Number: 218-4F

Location: Van Cort Elementary School, Front Field

(3100 E Main Street, Mohegan Lake)

Day/Dates: Sunday, starting **Date:** September 21 (6 sessions)

Time: 12:30 PM-1:15 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident



SKYHAWKS TENNIS

Whether your child is a beginning or intermediate player, this program will improve their game and help them get more enjoyment from tennis! Our tennis programs focuses on skill and refinement, as well as practice and match play to develop consistent, well-rounded tennis players.

Grades K-2nd

Course Number: 340-1F

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Day/Date: Tuesday, starting **Date:** September 23 (6 sessions)

Time: 4:30 PM- 5:20 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

Grades 3rd-5th

Course Number: 340-2F

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Day/Date: Tuesday, starting **Date:** September 23 (6 sessions)

Time: 5:30 PM- 6:20 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS TRACK & FIELD

Participants will learn different Track & Field events include javelin, discus, shot put, hurdles, long jump, triple jump and various running and relay events (activities may vary by area). Participants also learn positive life skills such as teamwork and sportsmanship.

Grades 3rd-5th

Course Number: 310-1F

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Day/Date: Thursday, starting **Date:** September 25 (6 sessions)

Time: 4:15 PM- 5:15 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

Grades 6th-8th

Course Number: 310-2F

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Day/Date: Thursday, starting **Date:** September 25 (6 sessions)

Time: 5:15 PM- 6:15 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SKYHAWKS VOLLEYBALL (Grades 5th & 6th)

Skyhawks Volleyball takes the energy and excitement of this great team sport and puts it all together into one fun filled program! All aspects of the game are taught through drills and exercises that focus on bumping, setting, spiking, hitting, and serving. This program is designed for the beginning to intermediate player.

Course Number: 337-1F

Location: Charles J. Cook Park (293 Furnace Dock Road, Cortlandt Manor)

Day/Date: Saturday, starting **Date:** September 20 (6 sessions)

Time: 3:00 PM- 4:00 PM

Fee: \$119 with ID/ \$124 without ID/ \$149 nonresident

SPARK Business Academy Programs: CHAIN REACTION ENGINEERS

(Grades 3rd-5th)

Let's learn about Rube Goldberg machines! In this hands-on program, campers build a variety of complex contraptions to complete a simple task—such as ringing a bell—while learning the basic physics concepts of work, gravity, force and momentum. Using simple machines like levers, wedges, wheels, pulleys and inclined planes, campers learn to understand mechanical concepts in a fun way, while using their imagination!

Course Number: 312-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Date: Thursday, starting **Date:**

September 25 (6 sessions)

Time: 4:30 PM- 5:30 PM

Fee: \$150 with ID/ \$155 without ID/ \$186 nonresident

SPARK Business Academy Programs: MY FIRST PIGGY BANK (Grades K-2nd)

Earn, save, spend, donate! Through math games and hands-on activities kids learn about these and other key financial concepts like money, budgeting and saving. Students will also learn the basic concepts of philanthropy and donating to charity. And, everyone will make their very own piggy bank to take home!

Course Number: 313-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Date: Wednesday, starting **Date:**

September 24 (6 sessions)

Time: 4:30 PM- 5:30 PM

Fee: \$150 with ID/ \$155 without ID/ \$186 nonresident

STORYBOOK COOKING (Ages 3-6)

Shari Munitz, Instructor

Come mix it up and be a real chef when you join us for some literary fun and creative cooking. We'll make it, bake it, stir it and cook up lots of good times and great food! This is an enthusiastic, safe, educational, entertaining kitchen class. Books, songs, math, science and other subjects will be integrated into the program. Not suggested for chefs with food allergies. Each week your child will make something different. Each session will teach new material.

Course Number: 642-1F

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Day/Dates: Tuesday, starting **Date:** November 18 (5 sessions)

Time: 10:30 AM- 11:30 AM

Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

Course Number: 642-2F

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Day/Dates: Tuesday, starting **Date:** November 18 (5 sessions)

Time: 12:30 PM- 1:30 PM

Fee: \$135 with ID/ \$140 without ID/ \$162 nonresident

SWIMMING INSTRUCTION (Ages 5-10)

FIRST CLASS IS AN EVALUATION SESSION! Each session with be sub-divided by skill into Swim Levels 1, 2, & 3.

COURSE NUMBER TIME

 319-1F
 Ages 5 & 6 yr. old
 5:00 PM- 5:30 PM

 319-2F
 Ages 7 & 8 yr. old
 5:40 PM- 6:10 PM

 319-3F
 Ages 9 & 10 yr. old
 6:20 PM- 6:50 PM

Location: Premier Athletic Club (2127 Albany Post Road, Montrose)

Day/Date: Saturday, starting Date: September 26 (7 sessions) No class October 31st

Fee: \$150 with ID/ \$155 without ID/ \$185 nonresident

YOUTH TENNIS INSTRUCTION

Lydia Reynolds, Instructor

All registrants must bring their own racquets.

Ages 5-8

Course Number: 316-1F

Location: Lake Street Tennis Courts (89 Lake Street, Montrose) **Day/Dates:** Saturday, starting **Date:** September 13 (6 sessions)

Time: 9:00 AM- 10:00 AM

Fee: \$75 with ID/ \$80 without ID/ \$96 nonresident

Ages 9-12

Course Number: 316-2F

Lake Street Tennis Courts (89 Lake Street, Montrose) **Day/Dates:** Saturday, starting **Date:** September 13 (6 sessions)

Time: 9:00 AM- 10:00 AM

Fee: \$75 with ID/ \$80 without ID/ \$96 nonresident

YC CLEAN UP (Grades 6th-12th) See YC SPECIALTY PROGRAMS

YOGA FOR LITTLE LEARNERS (Ages 3-5)

Lindsey Roy, Instructor

Combining movement, music, and games, this fun and interactive yoga class is designed just for preschoolers. Your little learner will develop foundational skills for life-long learning, increasing body awareness, self-regulation, confidence, and more. Come learn and grow with us and we'll see you on the mat!

Course Number: 223-1F

Location: Community Room (CUE), (3131 East Main Street, Mohegan Lake

Located in the Cortlandt Town Center)

Day/Dates: Thursday, starting **Date:** September 25 (10 sessions)

Time: 10:00 AM- 11:00 AM

Fee: \$150 with ID/ \$155 without ID/ \$184 nonresident



SPORTS, LEAGUES, & TEAMS



YOUTH BASKETBALL LEAGUE



YOUTH TRAVEL BASKETBALL







SPORTS LEAGUES & TEAMS (ADULT & YOUTH)

"THIS WAS OUR DAUGHTER'S FIRST TIME PARTICIPATING IN ANY SPORT, AND WE'RE SO GLAD IT WAS BASKETBALL! SHE HAD SUCH A GREAT EXPERIENCE—NOT JUST ON THE COURT, BUT ALSO WITH HER AMAZING TEAMMATES AND COACHES WHO CREATED A SAFE, SUPPORTIVE ENVIRONMENT. SHE CONNECTED WITH GIRLS FROM HER OWN SCHOOL AND EVEN FORMED NEW FRIENDSHIPS WITH PLAYERS FROM OTHER DISTRICTS. WE'RE SO GRATEFUL FOR THIS POSITIVE INTRODUCTION TO TEAM SPORTS AND CAN'T WAIT FOR THE UPCOMING BASKETBALL SEASON!"- MARGARET CORDONES-LANTIGUA



Sports, Leagues & Teams

CORTLANDT YOUTH BASKETBALL LEAGUE

ONLINE REGISTRATION AVAILABLE AT WWW.TOWNOFCORTLANDTNY.GOV/RECONLINE!

BOYS DIVISION

GIRLS DIVISION

Pee Wee Division Grades 3rd & 4th
Cub Division Grades 5th & 6th

Cub Division Grades 3rd & 4th
Midget Division Grades 5th & 6th

Tryout Location: Blue Mountain Middle School Gym (7 Furnace Woods Road, Cortlandt Manor)

Date/Time for Tryouts: Pee Wee Boys Tryouts: Tuesday, October 28, 6:30 PM

Cub Boys Tryout: Tuesday, October 28, 7:15 PM Cub Girls Tryouts: Monday, October 27, 6:30 PM Midget Girls Tryouts: Monday, October 27, 7:15 PM

Fee: \$105 with ID/ \$110 without ID (Includes cost of team shirt)

Late Fee: \$115 with ID/ \$130 without ID

(Deadline for girl's registration is Monday, October 27) Deadline for Boys registration will be Tuesday, October 28)



Sports, Leagues & Teams

TRAVEL BASKETBALL - BOYS (4th, 5th, 6th, 7th, & 8th Grade Teams)

This program is designed to provide a highly competitive environment for youth seriously interested in playing basketball. Included will be practices one- two times per week, scrimmage games, league play in a Northern Westchester League, and tournament play. All Town of Cortlandt residents and those attending the Hendrick Hudson or Lakeland School District schools are eligible to tryout for the team. A minimum of 8 players to a maximum of 12 players will be selected for the team. Players selected will be expected to attend all practices, scrimmages, league and tournament games during the season from late October through the beginning of March. Practices will be held on weeknights with games on weeknights and weekends. Information regarding tryout and registration is listed below.

Tryout Location: Grades 4th- 5th: Muriel H. Morabito Community Center

(29 Westbrook Drive, Cortlandt Manor)

Grades 6th- 8th: Blue Mountain Middle School Gymnasium

(7 Furnace Woods Road, Cortlandt Manor)

Date/Time for Tryouts: 4th Grade: Monday, October 6- 5:30 PM- 7:00 PM @ Morabito Center

5th Grade: Monday, October 6-7:00 PM-8:30 PM @ Morabito Center

6th Grade: Monday, October 6- 6:30 PM- 8:00 PM @ BMMS 7th Grade: Monday, October 6- 8:00 PM- 9:30 PM @ BMMS 8th Grade: Wednesday, October 8- 6:30 PM- 8:00 PM @ BMMS

Fee: \$250 with ID/ \$255 without ID (When accepted on Team)

TRAVEL BASKETBALL - GIRLS (6th, 7th, 8th Grade Teams)

As with the boys, this program is designed to provide a highly competitive environment. Girls who try out and make the team will practice 1-2 times per week; participate in scrimmages and tournament games. Games will be on weeknights and weekends.

Tryout Location: Grades 4th-5th: Muriel H. Morabito Community Center

(29 Westbrook Drive, Cortlandt Manor)

Grades 6th-8th: Blue Mountain Middle School Gymnasium

(7 Furnace Woods Road, Cortlandt Manor)

Date/Time for Tryouts: 5th Grade: Wednesday, October 8- 8:00 PM- 9:30 PM @ Morabito Center

6th Grade: Tuesday, October 7- 6:30 PM- 8:00 PM @ BMMS 7th Grade: Tuesday, October 7- 8:00 PM- 9:30 PM @ BMMS 8th Grade: Wednesday, October 8- 8:00 PM- 9:30 PM @ BMMS

Fee: \$250 with ID/ \$255 without ID (When accepted on team)

IMPORTANT REGISTRATION INFORMATION: Please register online at www.townofcortlandtny.gov/reconline. Once your child has made a team, the Town of Cortlandt Recreation Department and/ or your coach will let you know when you can make payment online and/ or in office.

LITTLE LEAGUE

This program is not run through the Recreation Office but it is run by a board of volunteers. For more Information please contact: Cortlandt American Little League (C.A.L.L.) Little League levels of play start at Age 5 up to 15 years old.

Providing little league baseball for youth in the following school districts: Lakeland, Yorktown, and Mahopac. For more information, view their website at www.callbb.org or email Cortlandtbaseball@gmail.com

Cortlandt National Little League (C.N.L.L.) (Hendrick Hudson School District)

Email: cnll@cnllbaseball.org Website: www.cnllbaseball.org

Croton Little League (C.L.L.)

The Little League is open to boys and girls living within the Croton Harmon Union Free School District.

Email: info@crotonlittleleague.com Website: www.crotonlittleleague.com



Picture of the Wally Blattman, Don & Sylvia Harfst Sprout Brook Little League Field located at Sprout Brook Park on Sprout Brook Road in northern Cortlandt. It is used by both Cortlandt American and Cortlandt National Little League Organizations.

SENIOR SERVICES



SPECIAL LINE DANCE NIGHT



MEET THE CANDIDATES



CAREGIVER SUPPORT GROUP







"I'VE BEEN A MEMBER OF THE SENIOR CENTER FOR 3 ½ YEARS AND IT'S ONE OF THE GREATEST THINGS I'VE EVER DONE. THE TRIPS ARE WELL PLANNED AND SPACED OUT THROUGHOUT THE YEAR TO PLACES I DIDN'T KNOW EXISTED. THE PARTIES AND ACTIVITIES AT THE CENTER ARE PHENOMENAL AND THE FRIENDSHIPS ARE FANTASTIC. THANK YOU FROM THE BOTTOM OF MY HEART FOR FANTASTIC JOB."

- ARNIE KLEIN



Senior Services





Director: Dawn Mahoney dawnm@townofcortlandtny.gov

The Cortlandt Golden Connection

29 Westbrook Drive, Cortlandt Manor 914-528-1572

www.townofcortlandtny.gov/seniors seniors@townofcortlandtny.gov

> Assistant Director: Rebecca Ferguson rebeccaf@townofcortlandtny.gov

To be ELIGIBLE to participate in any of the following Programs and Services you MUST be a TOWN OF CORTLANDT RESIDENT with proof of residency- a current Con Ed bill or telephone bill required. MUST be least 60+ years of age.

Credit cards will only be accepted with online registration through Community Pass. When registering in person, credit cards will not be accepted.



CLUBS

The Nor-Cort/ Cortlandt Club meeting takes place at the Muriel H. Morabito Community Center on Westbrook Drive. Verplanck Club meets at the Verplanck Schoolhouse, 6th Street, Verplanck. Special events, information symposiums and socials are all part of club membership. To be a member of any of the above-mentioned clubs, you must be a resident of the Town of Cortlandt. Nor-Cort/ Cortlandt Seniors' Club- Tuesday, meeting begins at 10:30 AM. Coffee and Cake will be served, for a nominal fee.

Ongoing Golden Connection Activities at the Muriel H. Morabito Community Center:

10:30 AM-11:30 AM Line Dance Exercise Class Monday Tuesday 10:00 AM- 1:00 PM Nor-Cort/ Cortlandt Senior Club Wednesday 10:00 AM- 3:00 PM Varies - Check monthly calendar Thursday 10:30 AM-11:30 AM Chair Yoga Exercise Class

10:00 AM- 2:00 PM Verplanck Senior Club (Verplanck School house)

10:15 AM- 11:15 AM Low Impact/Total Strength Friday

12:15 PM-1:00 PM Zumba Gold Exercise Class



Senior Services

COURSE DESCRIPTIONS

Mondays - LINE DANCE

Instructor: Cameron Kelly

10:30 AM-11:30 AM

Come Line Dance! Love to dance but don't have a partner! No problem! Come on over and burn some calories, get some exercise, have some laughs, and meet some great people who love to line dance.

Thursdays - CHAIR YOGA

10:30 AM-11:30 AM

Instructor: Karen Lett

The plan for the chair yoga class is to offer seniors health benefits by working on their physical activity. Seniors can find yoga to help their balance and stability. The participants will learn to work their breath, movement, and energy for balance and stress relief.

Fridays - LOW IMPACT AEROBICS TOTAL STRENGTH

10:15 AM-11:15 AM

Instructor: TBA

Come join this low-impact aerobics/muscle strengthening/flexibility class done to fun music in a safe, supportive, welcoming atmosphere. You'll burn fat, improve your heart health, build stronger muscles, and bones and increase your flexibility. This class is very appropriate for beginners and modifications will be demonstrated for several experience levels. All levels are welcome!

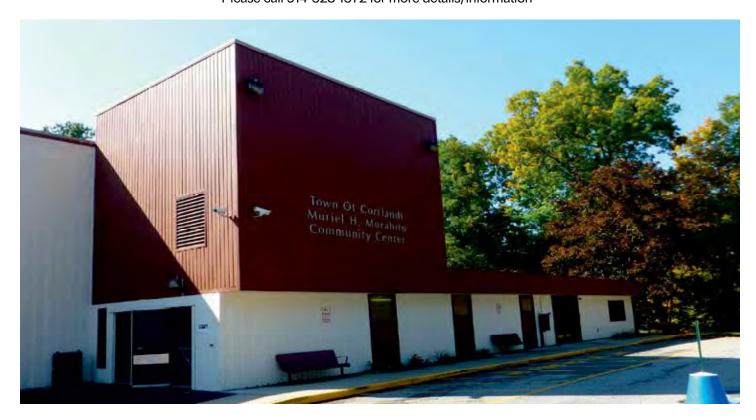
Fridays - ZUMBA GOLD

12:15 PM-1:00 PM

Instructor: Suzi Tipa

Perfect for our active older adults, Zumba Gold incorporates all of the energy, fun, and international rhythms of a traditional Zumba class, but at a lower intensity. Our class introduces easy-to-follow Zumba choreography focusing on balance, range of motion, and coordination. You can modify any of the movements to suit your personal fitness level and goals. Come ready to sweat, and prepare to leave feeling empowered, strong and energized!

Non-resident senior rate available. Please note rate will increase January 1, 2026. Please call 914-528-1572 for more details/information



The following programs are funded under the Older Americans Act of 1965 as amended, through the cooperation of:

The Department of Health & Human Services

New York State Office of the Aging

Westchester County Department of Senior Programs & Services

Town of Cortlandt

BEREAVEMENT SUPPORT/ SOCIAL WORKER: Bereavement support is available to those who are grieving a recent death and provide a safe and supportive environment where people can verbalize feelings associated with a loss. Susan Loomis, LMSW will be available for support by appointment only. Meetings are typically held the first and third Thursday of the month from 12:00-1:00pm, office hours available upon request. *Please call 914-528-1572 for more information or to see if there is a meeting scheduled.*

CAREGIVER SUPPORT GROUP—YOU'RE NOT ALONE—(COMMUNITY PASS)

Course Number: 7091-F

Caring for a loved one can be deeply rewarding, but also physically and emotionally draining. Join our **Caregiver Support Group** — a safe, welcoming space where you can share your experience, receive emotional support and connect with others who truly understand. Whether you're looking for practical advice or just someone to talk to, this group is here for you. Facilitated by Susan Loomis, LMSW. 914-761-0600 (Office) / 914-306-5850 (Cell). *Free to attend. All caregivers welcome. Registration required. Meetings are held on the 2nd Thursday of each month, at 1:00 PM, at the Muriel H. Morabito Community Center, 29 Westbrook Drive, Cortlandt Manor. Maximum 8 people.*

BUS TRANSPORTATION TO THE MURIEL H. MORABITO COMMUNITY CENTER: Funded through the US Department of Health and Human Services-Administration on Aging (AoA), New York State Office for the Aging, Westchester County Department of Senior Programs and Services, and the Town of Cortlandt. Transportation is available Monday thru Friday to the Muriel H. Morabito Community Center for lunch and/or senior programs. Seniors are picked up in the morning and returned back home in the afternoon. In order for the Bus Service to operate, a minimum of 6 seniors are required. The contribution for bus transportation to and from the center is \$3.00. For congregate meals and bus transportation call (914) 528-5164. Seniors must call the day before by 11:00 AM to secure lunch and/or transportation and some restrictions apply.

NUTRITION PROGRAM: An on-site and home delivery service that provides persons age 60+ with a nutritious and well-balanced noon-time meal. Anyone needing or knowing individuals that would benefit from the Home Delivered Service must call for eligibility requirements or for procedure to have lunch at the Muriel H. Morabito Community Center. The contribution for seniors who attend the Nutrition Program is \$3.00 and for Home Delivered Meals is \$4.00. For home delivered meals call (914)528-8377. Grab 'N' Go meal service will continue so that seniors can pick up a hot lunch and take it home. The cost for Grab 'N' Go is \$3.00 per meal.

OPERATION SNOWFLAKE: The Town of Cortlandt Senior Services Division offers a snow shoveling service for eligible Senior Citizens who reside in the Town of Cortlandt based on availability. Seniors who are unable to shovel their walkway should call the Muriel H. Morabito Center at 914-528-8377 for eligibility and registration.

SENIOR CITIZENS MEDICAL & PHARMACY TRANSPORTATION: This service offers transportation to area doctors, medical facilities, pharmacies and back home again to those eligible Town of Cortlandt Seniors. The Medical car runs on Monday, Thursday, and Friday. Transportation available to the following areas: Yorktown, Jefferson Valley, Lake Peekskill, Peekskill, Cortlandt Manor, Buchanan, Verplanck, and Croton on Hudson. For advanced reservations and information call Becky Ferguson at 914-528-8377. The contribution for the medical car is \$5.00. *Some restrictions apply. Seniors must be independent and/or have a companion to ride/ assist.

SHOPPING: The shopping bus will pick up Cortlandt Seniors at their home to go to the Cortlandt Town Center every Thursday and to the Jefferson Valley Mall on the 3rd Monday of the month. Seniors will be returned to their homes after shopping. The contribution for the shopping bus is \$3.00. Call 914-528-5164 for reservations and information.

Every Thursday Cortlandt Town Center, Rte. 6 10:00 AM- 1:30 PM 1st Monday of Month Uncle Giuseppe's & Trader Joes (Yorktown) 10:30AM - 1:30 PM 3rd Monday of Month Jefferson Valley Mall 11:00 AM- 1:30 PM

(If the 3rd Monday is a holiday, the mall bus will run the following Monday.)

^{*}Some restrictions apply. In order for shopping bus to operate a minimum number of 6 seniors are required.

Town of Cortlandt Special Events

Credit cards will only be accepted with online registration through Community Pass.

When registering in person, credit cards will not be accepted.

ACRYLIC/WATER MIXABLE OIL PAINTING CLASS- (COMMUNITY PASS)

Instructor: Sharon Rubinstein

For those who love the rich look of an oil painting, but want to avoid the solvents and fumes, acrylics or water mixable oils are wonderful alternatives. Through demonstrations and step-by-step lessons, students will be encouraged to produce a range of finished paintings. Subjects will include stills, landscapes and portraits. Basic supplies provided, suggestions made for optional materials.

Course Number: 700-1F

Location: Muriel H. Morabito

Community Center

(29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Mondays, 9/15, 9/22, 9/29, 10/6, 10/20, 10/27 (6 weeks)

Time: 10:00 AM- 1:00 PM

Fee: \$85.00

Must pre-register. 6 people max. Minimum is 4.

BINGO AFTERNOON-(*NOT IN COMMUNITY PASS)

Join the staff for fun, friends, and cash prizes! Pots vary.

Location: Muriel H. Morabito

Community Center

(29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Tuesdays, 9/30, 10/21, 11/25, 12/16

Time: 12:30 PM- 2:30 PM

Fee: \$7.00 cash due at registration.

\$10 cash at the door.

This includes one card for each game (11 total games included with entrance fee). Additional cards, daubers, and bonus games may be purchased the day of the event. *Please call 914-528-1572 for more information.*

BOCCI

Stop by the center and enjoy a free game on our bocci courts!

Location: Muriel H. Morabito Community Center

(29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Tuesday, weather dependent,

ending October 21

Time: Drop in, mornings

Fee: Free

Please call 914-528-1572 to make sure the courts are ready.







BOOT CAMP WITH M2- (COMMUNITY PASS)

"Fit & Functional" Class with M2 Speed, Strength & Performance. Build strength, balance and agility while burning fat! This fun, instructional one hour class will help you regain some functional movement, while building a stronger strength and balance base. Work with great coaches and meet great people. (Note: this is a boot camp style, not for beginners).

Course Number: 701-1F

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Wednesdays, November 12, 19, 26 December 3, 10, 17 (6 weeks)

Time: 10:00 AM- 11:00 AM

Fee: \$25.00

Pre-registration with payment is required no later than one week prior to start of class. Please call 914-528-1572 for more information. Minimum to run is 20, maximum 40.

CARDIO DRUMMING- (*NOT IN COMMUNITY PASS)

Mike Cohen, director of cardiac/pulmonary rehab at Northern Westchester Restorative Therapy, leads this uplifting, upbeat class that combines drumming with cardiovascular movements and music. Maximum 20 people.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Mondays, 9/8, 10/6, 11/17, 12/15

Time: 1:15 PM

Fee: \$5 refundable deposit paid in advance.

Must pre-register. 20 people max.

COOKING CLASS (*NOT IN COMMUNITY PASS)

Join Alyssa from Feeding Westchester for an informational session on cooking and nutrition. We will discuss healthy eating, how to read nutritional labels, how to prepare a seasonal food on a budget.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Thursday, September 11th

Time: 11:45 AM Fee: Free

Please register in advance as space is limited.

COFFEE CLUB

Held every Wednesday at 12:00 PM. Get to know your neighbors and other seniors in your community. Coffee is provided and you can bring your own snacks!

FLU SHOT DAY- (COMMUNITY PASS)

To help support the health and safety of the members of our community, our friends at Save Mor Pharmacy have offered to host a Flu Vaccine clinic at the Muriel Morabito Community Center this fall! Please call to reserve your spot. This clinic

is open to all seniors, just bring your Medicare card (other insurance cards are acceptable too). Fill out mandatory paperwork upon arrival. We will accept walk in's, but recommend reservations.

Course Number: 702-1F

Location: Muriel H. Morabito Community Center

(29 Westbrook Drive, Cortlandt Manor)

Day/Date: Thursday, September 25 1:00 PM- 3:00 PM

Please call 914-528-1572 to register at least one week in

advance.



Senior Services

FORUM: EDUCATIONAL SERIES- (COMMUNITY PASS)

Course Number: 703-1F

Series 1: Speaker: Samantha A. Lyons, partner at Falcon, Rappaport & Berkman, and

Tatyana A. Fowler, Advance Funeral Planner from Ballard-Durand Funeral Home. Topic: Estate and Funeral Planning. Informative presentation on the essential steps, what you can decide ahead of time, paperwork required, how much a funeral costs,

differences between will vs. trust and more. Bring your questions!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Wednesday, October 8

Time: 10:00 AM

Fee: Free; must pre-register at least one week before.

Course Number: 703-2F

Series 2: Speaker: Berardis Chiro

Topic: Sleep Better! Your health and your life depend on it! Learn how to improve your sleep naturally,

what is melatonin and how can your body create more? The magic of magnesium, what is all this talk about red light

therapy and "bad blue light"? Balance your nerve system to improve your sleep.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Wednesday, November 5

Time: 10:00 AM

Fee: Free; must pre-register at least one week before.

Light refreshments will be served.

Pre-registration for the topic you are interested in.

GINGERBREAD HOUSE MAKING (COMMUNITY PASS)

Take a break from holiday shopping and get messy with us! All supplies will be provided. Creative, holiday spirit is a must!

Course Number: 704-1F

Location: Muriel H. Morabito Community Center

(29 Westbrook Drive, Cortlandt Manor)

Day/Date: Monday, December 8

Time: 12:00 PM

Fee: \$13.00 includes all supplies

Please register no later than 11/24/25 with payment. Class limited to 10

participants. Please call 914-528-1572 for more information.

THE DARKER SIDE OF FAIRY TALES: GRIMM'S GRIMMEST (COMMUNITY PASS)

Presenter: Judith Heineman

Come hear master storyteller Judith Heineman tell the tales of Brothers

Grimm as originally intended for adults, and gain a new bloodier

perspective on your favorite childhood stories. Light refreshments will be served.

Course Number: 711-1F

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Friday, October 24 **Time:** 1:30 PM- 2:30 PM

Fee: Free

Pre-registration is required one week in advance. Minimum to run is 10 people.



ALL LINE DANCERS WELCOME! (COMMUNITY PASS)

Get ready to Boot Scoot! Put those Boots to the Ground! Line dancing comes to Cortlandt Manor! Join us for an evening of lively line dancing! Great music, beginner-friendly steps and plenty of fun with 3 different instructors: Adam Cherko, Steve "Fun Bunch" Dillard and Erin McMahon. Learn line dances to country, pop and soul music.

Good for your mind, body and spirit! Light refreshments will be served. Ages 30+

Course Number: 705-1F

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Date: Friday, October 24th 5:00 PM-8:00 PM

Fee: \$10.00 in advance. \$20.00 at the door

Pre-registration is preferred.

MEET THE CANDIDATES (*NOT IN COMMUNITY PASS)

Join us for refreshments and a casual meet and greet with the candidates. Understand the candidates positions on issues that impact you and your community

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Date: Tuesday, October 14

Time: 11:00 AM Free: Free

Please call 914-528-1572 to register and for more information.

MENS DISCUSSION GROUP

Our men's discussion group is a place for all men aged 60 and over to meet each other in an informal, social environment to share their knowledge and experiences. Wednesdays at 12:00pm for coffee and conversation.

OPEN HOUSE WEEK AT THE COMMUNITY CENTER

Geared toward seniors new to the area, those whom have never visited the center or those recently becoming a "senior". Meet the staff and find out all about what the Town of Cortlandt offers its senior citizens. To be ELIGIBLE to participate in any Programs and Services you MUST be a TOWN OF CORTLANDT RESIDENT with proof of residency- a current Con Ed bill or telephone bill required. MUST be least 60+ years of age. Monthly calendar is available online, at the Center or can be emailed.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Monday, October 20 - Friday, October 24

Time: 10:00 AM- 1:00 PM

Fee: Free

Please call 914-528-1572 for more information.

OPEN HOUSE - VERPLANCK SENIOR CITIZEN CLUB

The Verplanck Senior Citizen Club is comprised of Town of Cortlandt residents, 60 years of age or older. Weekly meetings are held on Thursday, at 10AM, at The Little Red School House. In addition to "Coffee, cake and 50/50", they enjoy socializing and many scheduled festivities and functions. Find out all about what this club has to offer the Town of Cortlandt Senior Citizens.

Location: The Little Red School House,

210 6th Street, Verplanck

Day/Dates: Thursday, October 23 **Time:** 10:00 AM-1:00 PM

Fee: Free

Please call 914-528-1572 for more information.

PICKLEBALL

Learn the fun sport that combines tennis, badminton, and pingpong. Stop by the Muriel H. Morabito Community Center to see what the craze is all about! Check our monthly calendar for scheduled dates and times.



Senior Services

PILATES (COMMUNITY PASS)

Instructor: Christine Hamilton

Move with modified Pilates movements seated in a chair for seniors. Increase your strength and flexibility. Improve your balance and posture resulting in reduced pain and stiffness. This class is informative and fun, increasing your energy and .

mood.

Course Number: 706-1F

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Days/Dates: Mondays: September 8, 15, 22, 29 (4 weeks)

Time: 12:00 PM- 12:45 PM

Fee: \$12 (Minimum to run class is 20 people)

Please call 914-528-1572 for more information. Must pre-register with payment at least one week in advance.

PIZZA & MOVIE AFTERNOON (*NOT IN COMMUNITY PASS)

Come join us for an afternoon matinee on our 70" flat screen TV.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Friday, October 3 The Crooked House

Friday, November 7 If

Friday, December 5 A Merry Friggin Christmas Friday, January 2 Same Kind of Different as Me

Time: 1:15 PM- 3:00 PM (or until movie ends)

Fee: \$6.00 per person includes pizza, drink and dessert.

Pre-registration with payment is required no later than one week prior to the movie showing. Please call 914-

528-1572 for more information. The max is 20 people.

RING IN 2026! (COMMUNITY PASS)

New Year's Party with live music and food

Course Number: 708-1F

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Date: Tuesday, December 30, 2025

Time: 11:00 AM- 2:00 PM

Fee: \$5; must pay at least one week in advance. Minimum to run is 25 people.

SENIOR POOL PLAYERS WANTED

Whether you are a beginner or an expert, stop by for some friendly tips and competition.

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Days: Monday- Friday

Time: Drop In between 9:00 AM-12:00 PM

Fee: Free

Please call 914-528-1572 for more information.

SENIOR RESOURCE FAIR

Please join New York State Senator Pete Harckham for his 3rd annual Senior Resource Fair to learn about state and local resources designed specifically to support our senior residents.

40+ state and local vendors will be in attendance

Find your lost and unclaimed funds with Comptroller DiNapoli's Team Free 15-minute chair yoga sessions will be available throughout the day

Day/Date: Friday, September 12 **Time:** 10:00 AM- 2:00 PM

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Light refreshments will be provided by the Office of Senator Harckham.

SOUND BATH/MEDITATION (COMMUNITY PASS)

Sound vibration is an easy and relaxing way to calm your body and mind. Take some time for yourself and discover the many benefits of vibrational sound healing and meditation with Instructor, Barbara Burns.

Course Number: 707-1F

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Dates: October 20, November 17, December 15 (3 sessions)

Time: 12:00 PM- 1:00 PM **Fee:** \$15 for all 3 sessions

Pre-registration with payment is required no later than one week prior to start of class. Please call 914-528-1572 for more information. Minimum is 20.

TABLE GAME TIME

All table games; Cards, Maj Jong, Canasta, Rummy cube, Poker and much more!

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Dates: Available for play on Thursdays

Time: 12:00 PM- 3:00 PM

WII BOWLING

Play Wii Bowling on our large screen TV.

Location: Muriel H. Morabito Community Center

Day/Dates:ThursdaysTime:11:45 AMFee:Free

Please call 914-528-1572 for more information.



Join other Veterans once a month for coffee and bagels for an informal meeting held, generally, on the last Wednesday of the month (Call 914 734-1002 to check dates). The meeting is held at Town Hall, 1 Heady Street, Cortlandt Manor, NY at 11:00 AM. Come meet your fellow Veterans to find out what is happening at the V.A. and other important information pertaining to Veterans. The Town of Cortlandt Hudson Valley Veterans Committee along with the Town of Cortlandt host a Veterans Day Ceremony every year and invite you to join us as we honor all veterans who have served and are currently serving.

YOUTH CENTER

OPERATION SNOWFLAKE



JR. CHOPPED

DISCO DANCE & SKATE



YOUTH CENTER

"I REALLY ENJOYED THE
SNOWFLAKE PROGRAM
BECAUSE IT GAVE ME
THE OPPORTUNITY TO
MEET PEOPLE WITHIN THE
COMMUNITY AND GAVE ME
EXPERIENCE AND SKILLS
THAT I CAN USE IN THE
FUTURE."- TOMMY WALSH









Director: Lindsey Luposello lluposello@townofcortlandtnv.gov Assistant Director: Robert Curran rcurran@townofcortlandtny.gov

Youth and Recreation Center

3 Memorial Drive, Croton-on-Hudson 914-736-0498 www.townofcortlandtny.gov/yc

The Director and Assistant Director are available to all young people in our town for conversation, information and referral. Cortlandt Recreation is committed to providing a variety of programs that are socially engaging, educational and fun for youth of all ages.



FREE DROP IN PROGRAM AT THE YC

Drop in activities include: Table Games -Ping Pong, Pool, Air Hockey, Arts and Crafts, Video Games-Nintendo Wii & Switch, TV. Board Games, Learning Lab, Outside Activities: Basketball, Pickleball, 4-Square, Gaga Ball, Soccer, Cornhole and More! Youth must be registered participants for the drop-in program.

To Register Visit:

www.townofcortlandtny.gov/reconline

CORTLANDT COMMUNITY COALITION

Help us keep our Community Safe, Healthy, and Drug Free Colleen Anderson, M.S., Ed, CPP, Coalition Coordinator Call 914-734-1052 for more information



HOURS OF OPERATION

GRADES 6th - 12th

(DROP OFF)

Mon-Thurs: 3:00 PM-8:00 PM Fri**Day:** 3:00 PM-9:00 PM Satur**Day:** 4:00 PM-9:00 PM SunDay: CLOSED

GRADES 1ST-5TH

(WITH ADULT SUPERVISION) Satur Day: 1:00 PM-4:00 PM

HOLIDAY HOURS:

*OPEN AT 1 PM

Tuesday, Sept 2 Tuesday, Sept 23

Wednesday, Sept 24

Thursday, Oct 2

Monday, Oct 13 Tuesday, Nov 4

Tuesday, Nov 11

Friday, Nov 28 Monday, Dec 22

Tuesday, Dec 23

Friday, Dec 26

Monday, Dec 29 Tuesday, Dec 30

Friday, Jan 2

CLOSED

Monday, Sept 1 Saturday, Oct 4 Friday, Oct 31 Thursday, Nov 27 Saturday, Dec 13 Wednesday, Dec 24 Thursday, Dec 25 Wednesday, Dec 31 Thursday, Jan 1

Important information for parents

YC Registration Process

For Youth in Grades 6th-12th

All youth must be registered as a YC participant in order to attend our daily and specialty programming. Registration is good for one year & needs to be renewed on a yearly basis. You will be notified by email prior to renewal requirement.

Go to:



www.townofcortlandtny.gov/reconline
Search by keyword
"Youth Center"

2025-2026



Blue Mountain Middle School has a bus which drops youth off at the YC Monday - Friday. The bus does not run on half days (both scheduled and unscheduled.) Youth MUST be registered online before you can register for a bus pass.

For more information and to register email: lluposello@townofcortlandtny.gov



The YC is committed to providing educational programs for our youth which promote positive social development.

Programs are implemented after school and with all of our drop-in participants.

For more information, please call the YC at 914-736-0498.

Youth Center Programs: Grades 6th-12th Weekday Programs: September-December

All programs will start at 3:30 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Thursday, Sept 4: Pizza Day
Wednesday, Sept 10: Hot Dog Day
Thursday, Sept 18: Rice Crispy Day
Tuesday, Sept 23:BINGO
Wednesday, Sept 24: Waffle Party
Thursday, Oct 2: Cookie Day
Wednesday, Oct 8: Stop Bullying Day
Monday, October 13: BINGO
Tuesday, Oct 14: Dessert Day

Thursday, Oct 16: Therapy Dog Visit
Thursday, Oct 30: Candy Corn Day
Tuesday, Nov 4: Candy Day
Tuesday, Nov 11: Sundae Day
Thursday, Nov 13: Therapy Dog Visit
Wednesday, Nov 26: Cake Day
Friday, Nov 28: Holiday Decorating
Thursday, Dec 4: Cookie Day
Monday, Dec 8: Brownie Day
Monday, Dec 15: Hot Cocoa Day





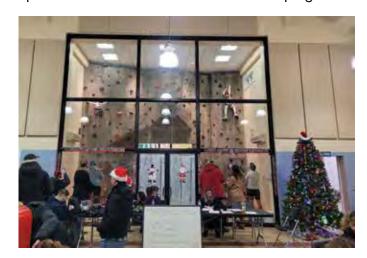




Holiday Recess

All programs will start at 3:30 PM; YC opens at 1pm (Dec 23, 26, 27, 28, & 30) While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Monday, Dec 22: Holiday BINGO
Tuesday, Dec 23: Gingerbread House Making
Wednesday, Dec 24: CLOSED
Thursday, Dec 25: CLOSED
Friday, Dec 26: Holiday Clean Up
Saturday, Dec 27: Movie Night– Kids Vote
Monday, Dec 29: Hot Chocolate Mug Making
Tuesday, Dec 30: New Year's Celebration
Wednesday, Dec 31: CLOSED
Thursday, Jan 1: CLOSED
Friday, Jan 2: Lip Sync Battle
Saturday, Jan. 3: Trivia



Youth Center Programs: Grades 6th-12th Weekend Programs: September-December

FRIDAYS

All programs will start at 6:45 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Sept 5: Game Night- BINGO
Sept 12: Henna *6PM- 8PM
Sept 19: Flag Football - 6 PM
Sept 26: Lip Sync Battle
Oct 3: Game Night- Family Feud
Oct 10: Fashion Forward Friday
Oct 17: Halloween DJ Night- 6PM
Oct 24: Halloween Movie Night
Oct 31: CLOSED
(Halloween Party at Community Center)

Nov 7: Henna *6PM-8PM
Nov 14: Flag Football - 6 PM
Nov 21: Game Night-Deal or No Deal
Nov 28: Movie Night-Wicked
Dec 5:Game Night-BINGO
Dec 12: Holiday Karaoke
Dec 19: Disco Dance & Skate-6PM
Dec 26: Ice Skating & Hot Coco
Jan 2: Lip Sync Battle



SATURDAYS

All programs will start at 6:45 PM

While at the Youth Center youth are welcome to enjoy the drop-in activities in addition to the scheduled program.

Sept 6: Mini Soccer Tournament - 6 PM

Sept 13: Slime Making

Sept 20: Cornhole Tournament

Sept 27: Pizza Making

Oct 4: CLOSED for Family Fun Day

Oct 11: Cupcake Making

Oct 18: Halloween Cookie Decorating

Oct 25: Pumpkin Painting

Nov 1: Karaoke

Nov 8: Pizza Making

Nov 15: Slime Making

Nov 22: Ice Cream Sundae Making

Nov 29 Game Night-Jeopardy!

Dec 6: Holiday Crafts

Dec 13: CLOSED for Winter Wonderland

Dec 20: Holiday Cookie Decorating

Dec 27: Movie Night-Kids Vote

Jan 3: Trivia

Participants MUST be registered for the Youth Center to participate in these programs.

To register please visit: www.townofcortlandtny.gov/reconline.

Programs are subject to change, please visit www.townofcortlandtny.gov/yc for updated programming



Program Descriptions: Grades 6th-12th

HOLIDAY BINGO: Join us for a classic game of Bingo! Enjoy a fun, relaxed atmosphere with friends, laughter, and prizes. All supplies provided; just bring your luck!

BROWNIE DAY: Decorate and enjoy delicious brownies (no baking required!)

CANDY DAY: Let's celebrate by making a sweet and colorful candy salad!

CANDY CORN DAY: Guess how many candy corn are in the jar, the closest guess wins the whole jar!

CAKE DAY: Let's celebrate this sweet day by eating lots of cake!

CORNHOLE TOURNAMENT: Team up and compete in a bracketstyle cornhole tournament. Prize for the winning team!

COOKIE DAY: Let's bake! We'll make cookies from scratch and, of course, eat them too!

CUPCAKE MAKING: Get creative decorating cupcakes with colorful frosting and toppings to take home or enjoy on the spot!

DESSERT DAY: Satisfy your sweet tooth with a variety of tasty treats and dessert-themed fun!

DJ NIGHT (HALLOWEEN): Stop in and enjoy music from DJ Randy, dancing, and contests with your friends! Costumes encouraged.

DISCO DANCE & SKATE: Come by the Cortlandt Youth Center at the skate rink for a night of music, skating, and fun! Free rentals and ice skating. Registration required: townofcortlandtny.gov/recononline

FASHION FORWARD FRIDAY: Design a one-of-a-kind outfit using recycled materials! Outfits will be judged on theme, creativity, and presentation. Show off your eco-style on the runway!

FLAG FOOTBALL: We've got the flags, football, and scoreboard, let's play! Friendly competition encouraged.

GAME NIGHT: Join us for classic game show fun like Jeopardy!, Family Feud, BINGO, or Deal or No Deal. Participate or cheer on your friends. Raffles determine who plays and who judges!

GINGERBREAD HOUSE MAKING: Build your very own festive (and edible) gingerbread house masterpiece!

HENNA: The YC welcomes Margie from Making Faces Parties, a professional henna artist! Get a custom design on your hand or arm. Parental agreement required to participate

HALLOWEEN/HOLIDAY COOKIE DECORATING: Icing, sprinkles, chocolate chips, and marshmallows, we've got it all for you to decorate festive themed cookies!

Program Descriptions: Grades 6th-12th continued

HOLIDAY CRAFTS: Celebrate the season by making festive crafts you can gift or keep as holiday keepsakes!

HOLIDAY DECORATING: Join the YC Staff in decorating the Youth Center for the upcoming holidays! Enjoy hot chocolate, snacks, holiday music, and good vibes. Volunteer hours available.

HOT COCOA DAY: Come warm up with a cozy cup of hot cocoa!

HOT CHOCOLATE MUG MAKING: Design your own custom mug, then enjoy a warm cup of cocoa in your new creation!

HOT DOG DAY: Join us for free hot dogs, fun games, and good vibes. Come hungry and ready to hang out!

ICE CREAM SUNDAE MAKING: Choose your favorite flavors and toppings to build your own delicious sundae!

ICE SKATING & HOT CHOCOLATE: Hit the ice for a fun skate session, then warm up with a cozy cup of hot chocolate!

KARAOKE / HOLIDAY KARAOKE: Grab the mic and sing your heart out. Holiday hits or your favorite tunes welcome!

LIP SYNC BATTLE: Pick a song, hit the stage, and bring the moves. No singing needed, just energy and fun!

MILKSHAKE DAY: Enjoy a make-your-own, fully loaded milkshake!

MINI SOCCER TOURNAMENT: Teams will be formed and compete on our small field with mini goals. Game on!

MOVIE NIGHT: Chill out with popcorn and a movie voted on by you, the audience!

NATIONAL STOP BULLYING DAY: Join us for "Pizza & Police" as we welcome our Cortlandt Community Resource Officer to the YC to promote kindness and inclusion.

NEW YEAR'S CELEBRATION: Celebrate the new year at the YC with music, games, crafts, and fun activities!

PIZZA MAKING / PIZZA DAY: Make your very own personal pizza; we supply everything, you bring your appetite!

PUMPKIN PAINTING: Paint your own mini pumpkin and vote on your favorite! Prize for the best design.

RICE CRISPY DAY: Let's celebrate this classic treat with a rice crispy snack party!

SLIME MAKING: Get gooey and creative by making your own slime to take home!

THERAPY DOG VISIT: Meet Zander, a certified therapy dog, and his handlers! A calm, cozy, and safe space will be available for anyone with allergies or concerns.

WAFFLE PARTY: Top your waffle your way! Come enjoy warm, fluffy waffles with all your favorite toppings.



Specialty Programs: Grades 6th-12th

ACTIVE PARENTING (4th Edition)

Lisamaria Albanese, MSW, Instructor

Active Parenting workshop is great for anyone ages 16+ who is a caregiver or works with children. This evidence based workshop will provide you with effective ways to use non-violent discipline, teaches responsibility and other positive character traits, stimulates independence, opens up lines of communication, teaches you ways to diffuse power struggles, helps with school success and helps prevent future problems with sex, alcohol and other drugs.



Certificate will be given if participant stays for entire day workshop. Bagged lunch is required

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Day/Date: Saturday, September 13 OR November 15

Time: 9:00 AM- 1:00 PM

AMERICAN RED CROSS BABYSITTING COURSE (Ages 11-15) See Youth Programs

BROADWAY ALL STARS See Youth Programs

CANTEEN (Grades 6th-12th)

Come and join us two nights a week for open gym basketball! Open to Croton, Hendrick Hudson, Copper Beach Middle School and Walter Panas High School Students or middle/high school students who are town residents. Youth must be registered in order to participate. Register on site..

Location: Muriel H. Morabito Community Center (29 Westbrook Drive, Cortlandt Manor)

Day/Time: Tuesdays, 7:00 PM- 9:00 PM **Day/Time:** Thursdays, 7:00 PM- 9:00 PM

Fee: Free

COSMETIC BASICS (Grades 6th-8th)

Join professional make-up artist, Leola in learning the fundamentals of makeup application. Participants will receive a make-up starter kit that includes eye liner, mascara eye shadow and applicator. Participants can bring their own makeup.

Course Number: 609-1F

Date: Tuesday, November 4 **Location:** Cortlandt Youth &

Recreation Center (3 Memorial Drive, Croton on Hudson)

Time: 1:00 PM-3:00 PM

Fee: \$45 with ID/ \$50 without ID/

\$54 nonresident



(Grades K-3rd & Grades 4th-8th) See Youth Programs



HOME ALONE (Grades 5th- 8th)

This program will provide each child with the essentials skills needed when they are home without adult supervision. Discussion will cover first aid, telephone and door answering, activity plans, encountering emergencies and more!

Course Number: 612-1F

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Day/Date: Saturday, November 15 **Time:** 10:00 AM- 11:30 AM

Fee: Free

ICE SKATING AT THE YOUTH CENTER

While attending Youth Center Drop Off Program for 6th-12th Graders, youth have the opportunity to ice skate at our ice-skating rink for free during the hours listed below. The Youth Center staff will accompany youth down to the rink during these hours. These hours are subject to change. If your child would like to ice skate outside of these hours they must be picked up by an adult from the Youth Center. We will not allow youth to sign out of the Youth Center and walk down to the ice rink on their own.

6TH-12TH GRADERS DROP OFF

 Friday:
 4:00 PM- 6:30 PM

 Saturday:
 5:00 PM- 6:30 PM

 Days off from school:
 1:30 PM- 6:00 PM

JR. CHOPPED COMPETTION (Grades 6th-12th)

Grab a partner or compete individually, sign up to show off your cooking skills in this safe & fun cooking competition. Judges will be looking at appearance, creativity, theme and flavor as they taste your creation. Each competition has a theme and an ingredient that must be included. Call to register: 914-736-0498.

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Day/Dates: Saturday

October 25: Halloween Dessert

Ingredient: Candy

Time: 1:00 PM- 5:00 PM Cooking slots;

5:30 PM Judging

Fee: Free; Participants are responsible for bringing their ingredients

MINI GOLF @ CHARLES COOK (Grades 6th-12th)

Join the Youth Center staff at the local mini golf course located behind Charles Cook Pool. Youth will get to play mini golf, hang out with friends, play other games like cornhole, basketball, board games and listen to music. Parents are responsible for drop off and pick up.

Course Number: 687-1F

Location: Charles J. Cook Pool (293 Furnace Dock Road,

Cortlandt Manor)

Day/Date: Saturday, September 20 Time: 11:00 PM- 1:00 PM

Fee: Free

OPEN GYM at Hen-Hud H.S. (Grades 6th-12th)

For Hen-Hud School District Residents Only

Come and join us for some free play basketball! Youth must be registered as a participant of the YC in order to participate. Register online at: www.townofcortlandtny.gov/reconline and search by key word. Visit our website for dates Open Gym is closed.

Location: Henrick Hudson High School Gymnasium (2166 Albany Post Road, Montrose)

Day/Date: Mondays- Beginning 9/15 (No program when school is closed)

Time: 7:30 PM- 9:30 PM

Free: Free



PROBLEM GAMBLING PREVENTION FOR PARENTS

Join us on Zoom as we educate parents on facts, warning signs and dangers of gambling in youth.

Course Number: 688-1F **Location:** Zoom

Day/Date: Wednesday, October 15 **Time:** 7:00 PM- 8:30 PM

Free: Free

ROCK WALL HOURS

Monday-Thurs**Day:** 4:00 PM- 6:00 PM (Grades 6-12) Fri**Day:** 4:00 PM- 7:00 PM (Grades 6-12)

Satur**Day:** 1:00 PM- 3:00 PM (Grades 1-5) & 5:00 PM- 7:00 PM (Grades 6th-12th)

YC CLEAN-UP (Grades 6th- 12th)

Join the Glashoffs in this unique program to help clean-up our town! Participants will be given supplies to help them pick-up litter and debris from local sites around the town. Youth will receive volunteer hours for community service. Parents will be responsible for dropping off and picking-up their child at the designated location.

Course Number: 652-1F & 652-2F

Day: Saturday

Dates & Location: September 20: Cortlandt River Front (77 Riverview Street, Verplanck)

October 18: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Time: 10:00 AM- 11:00 AM

Free: Free



Youth Center Programs: Grades 1st-5th (with adult supervision)

FAMILY CRAFT YOUR OWN GAMES

Join us for some craft projects that will leave you entertained for hours and days after the program!

Course Number: 679-1F

Location: Cortlandt Youth & Recreation Center

(3 Memorial Drive, Croton on Hudson)

Day/Date: Saturday, September 20 Time: 1:00 PM- 2:00 PM

Fee: Free

FAMILY PUMPKIN PAINTING

Get creative and join us for a fun filled pumpkin painting event. We'll provide the mini pumpkins and supplies!

Course Number: 632-1F

Location: Cortlandt Youth & Recreation Center

(3 Memorial Drive, Croton on Hudson)

Day/Date: Saturday, October 18
Time: 1:00 PM- 2:00 PM

Fee: Free

FAMILY THANKSGIVING COOKIE DECORATING

Celebrate the season with sweet creativity! Come decorate festive Thanksgiving cookies together!

Course Number: 641-1F

Location: Cortlandt Youth & Recreation Center

(3 Memorial Drive, Croton on Hudson)

Day/Date: Saturday, November 22 **Time:** 1:00 PM- 2:00 PM

Fee: Free



Operation Snowflake: Ages 14-18



The Town of Cortlandt is seeking youth to shovel the driveways, pathways, and sidewalks for the Town's Senior Citizens this winter season.

To submit an application, please go to: www.townofcortlandtny.gov/reconline and search by keyword.

Youth will be paid \$10.00 per hour. Application Deadline is Wednesday, October 1st. For more information please contact Lindsey at Iluposello@townofcortlandtny.gov or 914-736-0498.

Youth Employment Services: Ages 14-18

We're Open For Business: Calling All Youth, Business Owners & Town Residents

Our mission is to provide a free service which seeks to connect youth ages 14-18 with local businesses and community members who have employment opportunities.



REGISTER NOW!

Employers Text: HIRE

Youth Text: YESINFO

To: 833-343-0298

www.townofcortlandtny.gov/yes

yes@townofcortlandtny.gov

914-642-3027

By texting keyword, "yesinfo" or "hire" to 833-343-0298 you agree to receive a text message with more information about the YES program. Additional forms will be necessary to receive promotional automated messages. This agreement isn't a condition of any purchase. Msg & data rates may apply. To unsubscribe from the message, respond "STOP".

Youth Employment Courses

INTERVIEW SKILLS 101 (Age 14-18)

Learn and practice interview skills and tips to help land your dream job! These skills are life skills which will set you up for success!

Location: Cortlandt Youth & Recreation Center (3 Memorial Drive, Croton on Hudson)

Course Number: 631-1F

Day/Date: Tuesday, November 4 Time: 11:15 AM- 12:15 PM

Free: Free

Registration: Pre-registration required;

space limited

RESUMANIA (14-18 years old)

Get started on creating your resume. Learn what to include on a cover letter & resume, what employers look for, proper formatting & additional tips to help you stand out!

Location: Cortlandt Youth & Recreation Center

(3 Memorial Drive, Croton on Hudson)

Course Number: 630-1F

Day/Date: Tuesday, November 4 **Time:** 10:00 AM-11:00 AM

Free: Free

Registration: Pre-registration required;

space limited

SPECIAL EVENTS & ACTIVITIES



FAMILY FUN DAY



5K ROAD RACE



HOBGOBLIN PARADE



SPECIAL EVENTS & ACTIVITIES

"THE TOWN OF CORTLANDT DOES AN AMAZING JOB CAPTURING THE MAGIC OF THE SEASON AT THE WINTER WONDERLAND EVENT. WE FELT THE FESTIVE CHEER AND THOROUGHLY ENJOYED ICE SKATING, MEETING WITH SANTA, AND SIPPING ON HOT COCO. WE LOOK FORWARD TO IT ALL YEAR LONG."

- NOELLE DUNDERDALE





Special Activities and Events

5K ROAD RACE

All participants receive a free t-shirt. Awards go to the top three men and woman in various age groups. Pre-register online at **www.runner.org**.

Race Day registration is at the Cortlandt Waterfront Park.

Location: Cortlandt Waterfront Park,

77 Riverview Avenue, Verplanck

Date: Saturday, October 25

Time: 9:30 AM Start

Fees: Pre Registration Fee: \$15.00

Race Day Registration Fee: \$20.00

For more information, please contact

dpeterson@townofcortlandtny.gov or 914-734-1053.



COMMUNITY GARDEN

Join us to Volunteer at our Town of Cortlandt Community Garden! A Town of Cortlandt resident with tremendous knowledge in gardening volunteers to coordinate this effort! Located at Lake Meahagh Park on Westchester Avenue in Verplanck. Cortlandt residents and groups (Scouts, Civic organizations, etc.) will take care of their defined areas with the coordinator's guidance. Contact the Town of Cortlandt Recreation Department at tocrec@townofcortlandtny.gov or 914-734-1050.



HALLOWEEN DOG PARADE

Costumes suggested and treats for all participants!

Location: Cortlandt Dog Park

130 Sprout Brook Road, Cortlandt Manor

Day: Saturday, October 25 Time: 2:30 PM-3:30 PM

Fee: Free

For more information please contact

timf@townofcortlandtny.gov or 914-734-1056.



HALLOWEEN PARTY

Families are invited to come trick or treat inside at our Annual Halloween Party at the Community Center! Open to all children through the 5th Grade accompanied by an adult. Activities will include entertainment, games, contests, treats, balloons and a chance to be on cable TV.

Location: Muriel H. Morabito Community Center

29 West Brook Drive, Cortlandt Manor

Day: Friday, October 31 **Time:** 6:00 PM- 8:30 PM

Fee: Free

For more information please contact

lluposello@townofcortlandtny.gov or 914-736-0498.



HOBGOBLIN PARADE

A special Halloween parade is open to everyone in costume from ages 2-14. Trophies and candy will be given to all children in costume.

Location: Cortlandt Youth Center, Skate Rink

3 Memorial Drive, Croton-on-Hudson

Day: Saturday, October 25

Time: 1:00 PM Sharp

Fee: Free

For more information please contact

dpeterson@townofcortlandtny.gov or 914-734-1053.

Special Activities and Events

FIRST RESPONDERS GOLF TOURNAMENT

ALL proceeds from the tournament will be donated to the various First Responder organizations within the Town of Cortlandt.

Location: Hollow Brook Golf Club

(1060 Oregon Road, Cortlandt Manor)

Day: Monday, October 20

Time: 11:00 AM Registration and Boxed Lunch

12:00 PM "Shotgun Start"

(Scramble Format)

5:00 PM Barbeque Dinner at Hollow Brook Club House

Fees: Volunteer of a Fire Department,

Ambulance Corps, or Auxiliary Group: \$125.00 per person (Please bring identification showing your group

membership)

'Not a volunteer: \$175.00 per person

Only attending the dinner: \$60.00 per person

If you would like to reserve a spot or foursome, please contact Director of the Recreation Dept., Ken Sherman at kens@townofcortlandtny.gov or 914-734-1058

Deadline to submit registration is Monday, October 13th. *Application can be found in the back of this planner.*

Please mail registration to and make checks payable to the Town of Cortlandt Recreation Department, 1 Heady Street, Cortlandt Manor, NY, 10567.

SHAKESPEARE IN THE PARK

This 90-minute touring production is designed for students and community members alike and explores Shakespeare's Julius Caesar through the lens of modern civic discourse. Adapted and directed by Raz Golden, the production focuses on:

- Rhetoric and Persuasion: How language can shape politics and personal destiny
- Civic Themes: The consequences of power, loyalty, public opinion, and democratic fragility
- Modern Resonance: The play's events echo contemporary political discourse and student activism
- Cast: Blaze Adler-Ivanbrook, Aamar-Malik Culbreth, Dylan Scarlett Foster, Anvita Gattani, India Shea, and Victor Yang.

Location: Cortlandt Waterfront Park

(41 Riverview Street, Verplanck)

Day: Saturday, September 20

Time: 7:00 PM

Dessert trucks will be on site!

LETTERS TO SANTA

'Tis the season to send your letter to Santa, and the Town of Cortlandt Recreation Department will help speed up the process! A special "Santa's Mailbox" will be set up in the Town Hall lobby! Children can drop off or mail their letters to this mailbox, and Santa will send them a personalized letter in reply. Santa's Mailbox will be



available from November 17th to December 12th. All letters to Santa must be received in the mailbox no later than 4:00 PM on December 12th to ensure a reply. This program is open to Town of Cortlandt residents only.

Mailing Address: Santa's Mailbox Town of Cortlandt Town Hall 1 Heady Street Cortlandt Manor, NY 10567

MEET SANTA AT THE YOUTH CENTER

Bring the whole family and enjoy the afternoon with Santa and his helpers! Take pictures, write a letter to Santa, make some holiday cards, and enjoy treats from Mrs. Claus' kitchen!

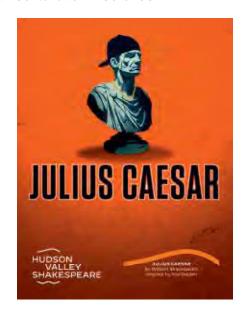
Location: Cortlandt Youth Center

3 Memorial Drive, Croton

Day: Saturday, December 6 Time: 2:00 PM- 4:00 PM

Fee: Free

For more information, please visit <u>www.townofcortlandtny.gov/yc</u> or call the Youth Center at 914-736-0498.





ALL LINE DANCERS WELCOME!

AGES 30+

Join us for an evening of line dancing with 3 different instructors, great music and beginner-friendly steps.

Where: Muriel H. Morabito Community Center

29 Westbrook Drive, Cortlandt Manor

When: Friday, October 24th

Time: 5:00-8:00 PM

Fee: \$10 in advance, \$20 at the door.

*Light refreshments will be served.

GET READY TO BOOT SCOOT BOOGIE!

STEVE "FUN BUNCH" DILLARD



Steve is a "Soul Line Dance"
Instructor. He combines new and
classic line dances to fun and soulful
music.

ADAM CHERKO



Adam is a "Country Line Dance" Instructor. Mixing old and new country music to today's popular line dances.

ERIN MCMAHON



Erin is known for her "Progressive Line Dance" style, as she mixes country with today's hits.



CORTLANDT WATERFRONT PARK SEPTEMBER 27 | 11-5 PM

RAIN DATE: SEPTEMBER 28



HudsonRiverPhoenix@gmail.com





Special Activities and Events

VAN CORTLANDTVILLE HISTORICAL SOCIETY

The Van Cortlandtville Historical Society welcomes people who are interested in learning more about the history of our community and sharing it with others. The society was founded in 1921 and has been headquartered in the historic Little Red Schoolhouse, 297 Locust Avenue, Cortlandt Manor, since 1972. A primary goal is hands-on education of children about life in the mid-19th century through such activities as the Early School Days program and the annual Colonial Fair, led by history enthusiasts in period clothing. Other activities include reenactments of local military events from the Revolutionary War, erection of roadside markers at local historic sites, annual memorial services, upgrading of Van Cortlandtville Memorial Park and rehabilitation of the Van Cortlandt family plot in Hillside Cemetery.

The society welcomes appropriate memorabilia and genealogical records from local residents.

The society's regular meetings, at 2 PM at the Schoolhouse on the third Saturday of most months, feature a variety of presentations that extend far beyond the primary emphasis on early-day education and the rich Revolutionary War history of the community. Visitors and new members are always welcome. Booklets for a self-guided walking tour are available, along with other literature about local historic sites. Most activities are open to everyone at no charge.

For more information, or to schedule a visit, please call the Schoolhouse at 914-736-7868, visit www.vancort.net or email society@vancort.net.







Town of Cortlandt's commitment to helping outdoor recreation and wellness thrive in our community.

ROWING IS A LIFETIME SPORT FOR EVERY BODY!

CCRA promotes health, fitness, and the benefits of team participation through rowing instruction to people of all ages, experience, and ability levels.



CORTLANDT COMMUNITY ROWING

VERPLANCK, NEW YORK

LEARN MORE:





Nor-West Regional Special Services

Providing therapeutic recreation programs for individuals with special needs to Cortlandt, Ossining, Peekskill, and Yorktown residents since 1973.

Looking for quality recreation for a child, teen, or adult with a developmental disability?

Director, Ed McKay Supervisor, Stephan Rothstein



THERAPEUTIC PROGRAMS FOR INDIVIDUALS WITH DEVELOPMENTAL AND INTELLECTUAL DISABILITIES

Nor West Regional Special Services Is a social service agency that provides community-based therapeutic recreation programs, respite and transportation services to persons with differing abilities residing in the northwestern portion of Westchester County. They serve ages 8-65 in a variety of community-based weekly programs and special events, designed for individuals with developmental disabilities. Transportation is provided to catchment-area residents from central stops in Peekskill, Cortlandt, Yorktown, and Ossining. Individuals living at home and enrolled in the Home & Community Based Services Waiver do not pay registration fees.

PART-TIME EMPLOYMENT - SEASONAL

Nor-West offers employment to students ages 16 and up and adults looking for part-time employment, working with children and adults. Good working experience for persons interested in working in the Human Services or Special Education fields. Make your own work schedule, flexible hours. Call Nor-West for an application, or visit our website.

THERAPEUTIC RECREATION

Are you looking for a local recreation program for a child with a developmental disability? Nor-West Regional operates weekly youth programs during the Fall session, including Instructional Bowling, Afternoon Adventure Trips, and Instructional Swimming. Program is open to residents of Cortlandt, Peekskill, Ossining and Yorktown. Nominal venue fees apply. For additional information and registration materials, visit the Nor-West website.



www.nor-west.org 914-737-4797

Nor-West is a certified OPWDD respite provide

COMMUNITY ROOM, CORTLANDT TOWN CENTER

The Community Room is located at 3131 East Main Street, Mohegan Lake, in the Cortlandt Town Center. It is available for rental use by Cortlandt residents and Cortlandt groups. For more information and to make a reservation please call the Recreation Department Office at 914-734-1052, Monday- Friday, 8:30 AM- 4:00 PM.

TOWN OF CORTLANDT YOUTH AND RECREATION CENTER

Celebrate your child's birthday or host your Scout, Youth, Church, Synagogue, or Civic Organization Groups meeting/ event at the Cortlandt Youth and Recreation Center. The YC is available to rent for birthday parties on Saturdays from 1:30 PM - 3:30 PM for children. Host up to 25 of your child's friends, where they can play pingpong, air hockey, pool, foosball, and climb the rock wall. The YC is available Monday- Thursday from 3:00 PM-



8:00 PM for civic organization meetings. Contact Director of the Youth Center, Lindsey Luposello, for more information at 914-736-0498 or luposello@townofcortlandtny.gov.











Spacial Park Facilities

FOR ALL TOWN OF CORTLANDT RESIDENTS:

Please remember that dogs must be leashed at all times and to pick up after your pets.

CROTON ARBORETUM

10 Fox Lane, Croton on Hudson

The Jane E. Lytle Arboretum in Croton-on-Hudson NY provides a variety of walking trails, including a handicap- accessible trail, through wildlife habitats on 22 acres of woods and wetlands. Located at the end of Lounsbury/ Fox Road and following a short drive or walk across the Hudson National golf course, the Arboretum is open seven days a week, 365 days a year. Managed by the Croton Arboretum and Sanctuary Inc., the Arboretum provides programs in conservation, education, and recreation. For directions and information, please visit www.crotonarboretum.org.



FURNACE DOCK LAKE

Furnace Dock Road, Croton on Hudson
The Town of Cortlandt acquired and saved the
100 year old Furnace Dock Lake in 2011.

Rules and Regulations:

- All activities at your own risk
- Park is open dawn to dusk
- Keep pets leashed, clean up after them as well
- All garbage is to be taken out of the park
- Do not remove or destroy plants, wildlife, or artifacts

The following is prohibited:

- Hunting, firearms, alcohol, and camping
- Motorized vehicles and mountain bikes
- Fires, smoking, swimming, and dumping
- Feeding wildlife, metal detectors, and radios
- Fireworks, music, and loud noise



CORTLANDT DOG PARK

130 Sprout Brook Road, Cortlandt Manor

There are two areas designated for small dogs and large dogs. For more information or to report an incident,

please contact the Recreation Supervisor, Tim Fisher, at timf@townofcortlandtny.gov or 914-734-1056.

Rules and Regulations:

- Dog Park closes at dusk daily.
- No animals other than dogs may be brought into the fenced area.
- All dogs must be leashed until safely inside the dog park and returned to a leash prior to exiting. Make sure gates are closed after entering and leaving the park.
- Do not leave a leash on a dog in the park. Bring your leash into the park in case of emergency or altercation.
- Dog owners must remain in the fenced area while their dogs are using the dog park. Owners must be in view of their dogs and have voice control at all times.
- Children accompanying dog owners must be strictly supervised and at least twelve years old to be allowed inside unless accompanied by an adult.
- Children under ten years old not allowed (some dogs see small dogs as prey) in large dog area.
- Children under five years old not allowed in the park. Spectators should remain outside the fenced area.
- Aggressive dogs and dogs in heat are not allowed.
- Owners must immediately leash and remove dogs from the dog park at the first sight of aggressive behavior.
- Do not bring sick dogs to the park.
- Owners must dispose of waste properly in the designated on-site containers.
- Owners must prevent dogs from digging holes.
- While small bite-sized training treats are permitted, food in bowls, long-lasting chews, or glass containers are not allowed.
- No Smoking and no food are allowed inside of the dog park.
- No more than three dogs per person are allowed on any single visit.
- Puppies less than four months old are not permitted in the park.
- Dogs must be licensed and vaccinated for rabies and DHLPP. Current license and rabies tags must be worn on the dog's collar at all times.
- Owners are liable for any injury or damage caused by their dog and are fully responsible for their dog's actions.
- Trainers are not allowed to use the park to conduct business
- In the event of an emergency, call 911.





HOLLOW BROOK TRAIL

Hollow Brook Trail was dedicated in October of 2016, the trail is part of 70 acres that was given to the Town several years ago. The trail is approximately three quarters of a mile long. The entrance to the trail is located at the bottom of Anton Place in Lake Peekskill. The trail is adjacent to the Hollow Brook Golf Course.

HUDSON RIVER COMMUNITY BOAT LAUNCH

77 Riverview Avenue, Verplanck

Located at the Cortlandt Waterfront Park (Off Riverview Avenue and Broadway in the Hamlet of Verplanck)

Seasonal use ONLY from April 1st through October 31st, park hours 7:00 AM to Dusk

Rules and Regulations:

- Town of Cortlandt, Village of Buchanan and Village of Croton residents only
- Use of the ramp for commercial purpose is strictly prohibited
- Town of Cortlandt Boat Launch Permit is required. Permit is available at the Cortlandt Town Hall in the Town Clerk's office at 1 Heady Street, Cortlandt Manor, New York 10567, the main phone number is 914-734-1020
- Clear Ramp area- Come in Slow- NO WAKE
- Pull boat around to launching ramp as soon as space becomes available. Pull boat to the tie-down zone and clear the ramp so others may use the boat launch
- Permit for ramp access MUST be in full view on the dash or mirror of your vehicle. If your permit is not in view, you will receive a summons and fines.
- Anyone driving over 5 MPH within 50 feet of the shore will forfeit their permit and be given a summons and fines.
- Boat size not to exceed 22 feet
- NO swimming, sunbathing
- · Waterskiing or loitering in the launch area
- NO overnight parking



HOLLOW BROOK GOLF COURSE

1060 Oregon Road, Cortlandt Manor

The Hollow Brook Golf Club is a private/ public course with Cortlandt residents being able to reserve tee-times. The Town coordinates those rounds reserved for the exclusive use of Cortlandt residents (agreement on file), Tuesday through Sunday for public use. On Tuesday and Thursday, seven of the tee times are discounted at \$85.00 after 2:00 PM, Greens fees will be a total \$110.00 for all other tee times Tuesday, Wednesday and Thursday. On Fridays, Saturdays, Sundays and Holidays greens fees will be \$160.00 with no tee times before noon. Prices include greens fees and a cart. Range balls (only available when playing) for \$10.00. Reservations can be made five days in advance by calling 914-734-1500.

Residents will need to purchase a golf sticker (\$12.00) in the Town of Cortlandt Recreation Department of Town Hall located at 1 Heady Street in Cortlandt Manor. This sticker will be placed on the back of your Town of Cortlandt Recreation Photo ID card. If you do not currently have a valid Town of Cortlandt Recreation Photo ID Card, one can be purchased for an additional \$8.00 by providing two forms of proof of residency. For more information regarding Town of Cortlandt Recreation Photo ID Cards or Hollow Brook Golf Stickers, please contact the Recreation Department at tocreo@townofcortlandtny.gov or 914-734-1050.

Rules and Regulations:

- Tee Times can be made by phone only.
- Tee Times can be made five (5) days in advance, after 10:00 AM i.e. Friday for Tuesday, Saturday for Wednesday, Sunday for Thursday, Monday for Friday, Wednesday for Saturday and Sunday.
- Residents must have golf shoes with soft spikes, collared shirts, golf pants or Bermuda shorts- NO JEANS, CUTOFFS, SHORT SHORTS, and CARGO PANTS OR SHORTS.
- Residents may bring one guest at town fees.
- Residents can only make reservations for themselves and their guest and not another town resident.
- Residents must show their Town of Cortlandt resident card with a golf sticker.
- Residents cannot use the driving range or practice areas unless they are playing golf.
- Additional fees will be charged for food and beverage.
- Additional fees will be charged for the driving range-\$10.00
- Residents will not be allowed on the tee before their Tee Time and do not have access to the Club House.



CHARLES J. COOK PARK

293 Furnace Dock Road, Cortlandt Manor

For over half a century, the Town of Cortlandt has owned the piece of property off Furnace Dock Road now known as the Charles J. Cook Recreation Center. After a 1.5 million dollar renovation in 2000, this recreational facility became one of Cortlandt's most popular venues. This active sports complex offers residents a variety of leisure activities. With a concrete surface, drainage system, filtration system, splash park and as of 2021, a newly upgraded bathhouse. The Charles J. Cook Pool is open daily during the summer from 10:45 AM until 7:00 PM and until 8:00 PM on Friday evenings. Swim areas are staffed with lifeguards, and on-site management.

A water spray park was dedicated in 2016 with five additional features. During June and July, the Town of Cortlandt Swim and Dive Teams hold meets and practice at the Pool.

The Town's summer camp program allows children, grades K through 8th, to enjoy the pool as well as the Charles J. Cook Recreation Center's playground, all purpose ball field, two tennis courts, basketball courts, a fitness trail, and 9-hole miniature golf course.



The nature and fitness trail is approximately ½ mile and consists of an 8-ft wide rustic trail (natural) and twenty (20) pieces of fitness equipment.

The miniature golf course opened in the spring of 2019; Each hole has a Town of Cortlandt inspired feature, such as the Little Red School House, Bear Mountain Bridge, and the Toll House. The course is open to both pool users and the general public during normal operating hours. The golf course will remain open spring, fall, summer, weather permitting.





For residents interested in exploring the natural environment, there are nature trails, the "Touch & Smell" Garden and the Bicentennial Garden. As a tribute to the 200th birthday of the Town of Cortlandt, the Bicentennial Garden includes a beautiful flower garden and a time capsule, containing over 100 items of importance in the Town's history.







CORTLANDT ICE RINK

3 Memorial Drive, Croton on Hudson

From November 22nd- March 1st, the Cortlandt Hockey Rink is converted to a synthetic ice rink! All attendees must have a Town of Cortlandt Recreation Photo ID Card, please visit page 11 for more information. The Cortlandt Ice Rink ribbon cutting was held at the 2022 Winter Wonderland event.



Hours of Operation:

Fridays, 4:30 PM- 10:00 PM Skating Sessions: 4:30 PM- 6:00 PM 6:30 PM- 8:00 PM 8:30 PM- 10:00 PM

Saturdays, 12:30 PM- 10:00 PM Skating Sessions: 12:30 PM-2:00 PM 2:30 PM- 4:00 PM 4:30 PM- 6:00 PM 1/2 HOUR ICE MAINTENANCE 6:30 PM- 8:00 PM 8:30 PM- 10:00 PM

Sundays, 12:30 PM- 6:00 PM Skating Sessions: 12:30 PM- 2:00 PM 2:30 PM-4:00 PM 4:30 PM- 6:00 PM

Interested in hosting a party or Event at the rink? Contact Lesley Popkin lesleyp@townofcortlandtny.gov



*On days that schools are closed the rink will be open and follow a Sunday schedule.

Fees: (90 Minute Skating Session)

\$5.00 Adult \$3.00 Youth

\$7.00 Guest (Must be accompanied by a Town of Cortlandt Resident)
Skates available at the rink to rent for a \$3.00 fee or you can use your own skates.



HUDSON HIGHLANDS GATEWAY PARK

Sprout Brook Road, Cortlandt Manor

Threatened twice by dense residential development, this land was protected in 1998 when a coalition of more than 35 groups representing homeowners, the homeowners, the community, government agencies and several environmental organizations united to preserve this 352-acre site. The Coalition to Preserve the Hudson Highlands Gateway raised \$6 million to buy the parcel. In May 2000, the Scenic Hudson Land Trust, the Town of Cortlandt and Westchester County purchased the property.

A network of trails in the park exposes visitors to woodlands, streams, steep slopes, bedrock outcroppings and meadows, revealing much human and natural history and providing spectacular river views. The site's upland wetlands are crucial for many frogs and salamanders to survive. Several different snake species use the prominent, east-facing cliffs of the park to warm themselves in the sun. Also, the park's Westchester County location is in one of the country's three major bird migration corridors. Come spring, hundreds of thousands of birds fly over the park where they stop to rest and feed.

Since the property was acquired, the Hudson Highlands Gateway Task Force has been working with The Scenic Hudson Land Trust, the Town of Cortlandt and New York-New Jersey Trail Conference on issues including park improvements, illegal ATV use and assessing the park's natural resources.

Directions: Two parking areas are available; one is shared with Sprout Brook Park, 0.3 miles from the intersection of Sprout Brook Road and Highland Avenue, just past and on the same side as the athletic. Cross road and enter park through the gap in guardrail. Universally accessible parking area is at the end of Doris Lee Drive. Park on gravel in front of fence.

Operating Hours: Open year-round, from dawn to dusk.

Rules and Regulations:

- The park is open dawn to dusk.
- Vehicles are permitted only in the designated parking areas.
- Stay within the posted property boundaries, and be considerate of other visitors and adjoining property owners.
- Keep pets leashed; please clean up after them.
- Do not remove or destroy plants, wildlife or artifacts.
- Always hike with a friend.
- Motorized vehicles, camping, fires, alcohol, firearms, feeding wildlife, smoking, dumping, swimming, metal detectors, mountain bikes and radios are prohibited.

Hudson Highlands Gateway Park has four trails, totaling more than 4.9 miles that traverse the 352-acre site. There are many meandering, wooded roads where one could easily get lost. Please stay on marked trails. The degree of difficulty for the hiking trails ranges from easy to moderate.

(Red Trail)

Annsville Creek Trail 1 mile, approx. 1 hr.

This trail starts at Doris Lee Drive and is universally accessible to the Pond Overlook. It travels by Annsville Creek, which contains breeding trout populations. Fishing is allowed. A sensitive wetland area surrounds the creek.

(Blue Trail)

Upland Trail 2 miles

A steep ascent through a meadow and mixed woods forest brings visitors to a terrific view of the Hudson River. The remainder of the trail encompasses rolling terrain that passes by many historic stonewalls.

(Yellow Trail)

Hudson Overlook Spur 0.6 miles

Distinguished by its scenic overlook, this trail also crosses a small stream that is the outlet for a large wetland upslope.

(White Trail)

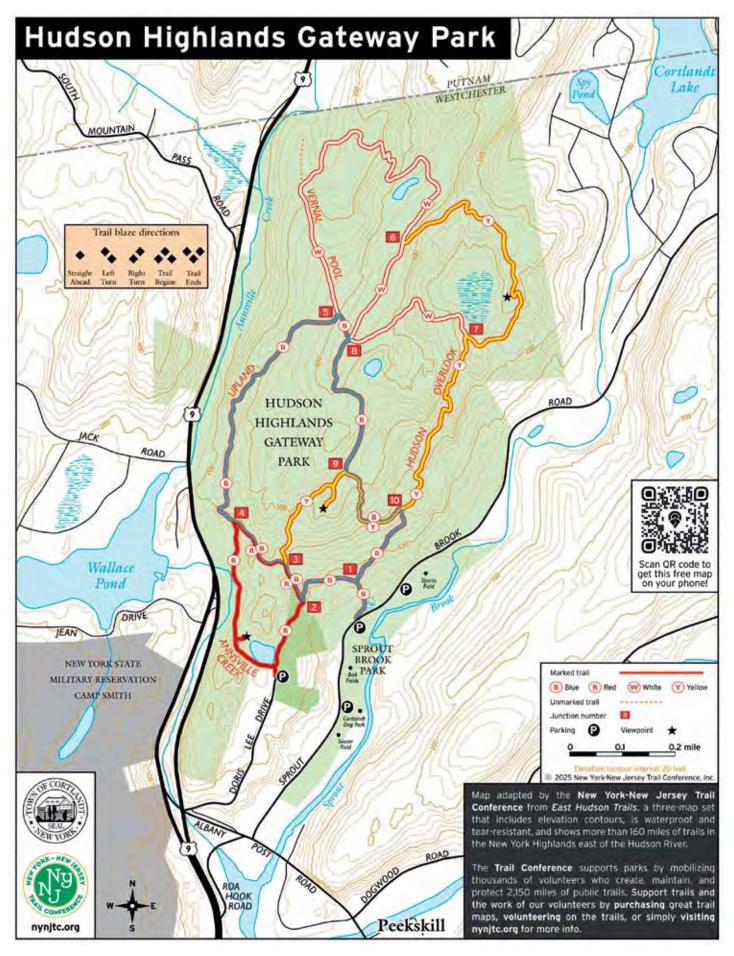
Vernal Pool Trail 1.6 miles

Beginning from the northernmost point of the Upland Trail, this trail works its way up and along a ridgeline. As it descends it passes by a large vernal pool, through a wetland and contains a number of steep slopes. Be cautions of wet surfaces. The trail finishes along an old woods road and rejoins the Upland Trail.

YOUR VALLEY, YOUR VOICE, YOUR FUTURE

This and other significant Hudson Valley landscapes are protected by the Scenic Hudson Land Trust with the support of the Lila Acheson and DeWitt Wallace Fund for the Hudson Highlands, created by the founders of Readers Digest Association, Inc. Scenic Hudson also gratefully acknowledges those who helped make this park a reality; Town of Cortlandt, Westchester County, New York-New Jersey Trail Conference, New York State and many dedicated individuals who donated their time, energy and financial support.





Town of Cortlandt Playgrounds



Charles G. DiGiacomo Recreation Area Croton Avenue, Cortlandt Manor



Jim Martin Aviation Playground Cortlandt Waterfront Park 77 Riverview Avenue, Verplanck



Muriel H. Morabito Community Center Playground 29 West Brook Drive, Cortlandt Manor



Old Pond Park 8th Street, Verplanck



Peter Cutignola Playground 3 Memorial Drive, Croton on Hudson



Sprout Brook Park Playground

130 Sprout Brook Road, Cortlandt Manor



Sunset Park Playground 82 Sunset Road, Montrose



Tommy Thurber Park Playground 10 Bonnie Hollow Lane, Montrose

Town of Cortlandt Parks

LAKE MEAHAGH PARK

Westchester Avenue, Verplanck
Lake Meahagh Park hosts a basketball court, walking
path, and is the home of the Town of Cortlandt Community
Garden. It is also a boat launch for the CCRA (Cortlandt



OSCAWANA ISLAND NATURE PRESERVE BOAT LAUNCH

Oscawana boat launch is located on Cortlandt Street in Crugers. A launching area for kayak's and canoes; hiking trails that lead out to the Hudson River. It was dedicated on October 4, 2004 by former Cortlandt Town Supervisor Linda D. Puglisi and the Town Board.





PICKLEBALL COURTS

Croton Avenue, Cortlandt Manor With the increasing popularity of the growing paddle sport, Pickleball, the Town of Cortlandt has converted one tennis court at the Croton Community Recreation



Area off of Croton Avenue (Down the road from Walter Panas High School) into four pickleball courts.

3 Memorial Drive, Croton on Hudson

The Cortlandt Hockey Rink located next to the Cortlandt

Youth Center has also been converted into five Pickleball Courts. The rink will be used for Pickleball until mid November, when it will be turned into the Cortlandt Ice Rink until the beginning of March.



SPROUT BROOK PARK

130 Sprout Brook Road, Cortlandt Manor

The park is over 22 acres and has two softball fields, a little league field (which includes a snack bar and batting cage), soccer field, an all purpose field, a pavilion available for renting, a playground, and a dog park.



TENNIS COURTS

Nets will be kept up weather permitting at the following locations around mid March:

Lake Street Tennis Courts Lake Street, Montrose 6 Courts

TOLL HOUSE

28 Bear Mountain Bridge Road, Cortlandt Manor Located on Bear Mt. Road, Cortlandt Manor, NY Toll House was dedicated on September 22, 2002 and is a visitor center with information about the Hudson Valley. It is opened seasonally from May to November.



WATERFRONT PARK

77 Riverview Avenue, Verplanck

Come and enjoy the Park, which includes a gazebo, fishing, crabbing, playground, veterans memorial, walking path, small boat, kayak and canoe launch area, horseshoe pits (bring your horseshoes). All with a spectacular view of the Hudson River! The Cortlandt Waterfront Park also hosts the Town of Cortlandt Summer Concert and Movie Series in the months of June through August.



Pre-School/Youth Program Activity Registration Form

	t Name	RPG Fir	st Name			RPG DOB	
. •	ent/ Guardian) Idress					PO Box	
City						Zip	
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Cell Pho	ne #	Ema	il Addre	ss			
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on the date and on display both display waive with them not arising from the agents or emple ectronic medimited to any occur or be particular.	EASE: I grant permission to the dat the location listed belowed and at the location listed belowed and right to inspect or apprower in the future whether the process, including any firm put dia, from and against any claimisuse, distortion, blurring, a produced in taking, processing the low, you are signing this Against Signature.	or for use in town publication raphs in electronic versions we the finished photograph of the finished photograph. I hereby agree ablishing and/or distributing tims, damages or liability arighterations, optical illusion of greduction or production of the fireement. I Accept	ns such as s of the sai s or printe known, ar to release, g the finish sing from r use in co of the finish	s plann me pui ed or el nd I wa defen ned pro or rela imposi hed pr	ers and r blications ectronic ive any ri d, and ho oduct in v ted to the ite form, e oduct, its	nagazines, and to use the pass or on the Town of Cortlands matter that may be used in a light to royalties or other consold harmless the Town of Cowhole or in part, whether on a use of the photographs, institute intentionally or otherway publication or distribution.	hotographs It web site. It conjunction npensation ortlandt and I paper or via cluding but I vise, that ma By checking
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MAKE CHECK	S PAYABLE TO AND MAIL TO: ET, CORTLANDT MANOR, NY		REATION [DEPAR'	TMENT,	TR Receipt #	
	or a program through Communit			*: D-		Amount Paid \$	

opt of these future communications by clicking unsubscribe.

Adult Program Activity Registration Form

ONLINE REGISTRATION AVAILABLE FOR CORTLANDT RECREATION PROGRAMS: WWW.TOWNOFCORTLANDTNY.GOV/RECONLINE Last Name First Name Street Address PO Box City Work Phone #_____ Home Phone #____ Cell Phone # Email Address INJURY RELEASE: I agree to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt. PHOTO RELEASE: I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as planners and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution. Signature Date Course Participants Name DOB Activity Name Total # Last Name First Name Fee **Total Fee** \$ NONRESIDENTS: 20% SURCHARGE TO HIGHER RATE FOR ALL PROGRAMS REGISTERED FOR. NONRESIDENTS ARE ONLY ACCEPTED TO FILL UP PROGRAMS 1 WEEK PRIOR TO START OF PROGRAM. FOR OFFICE USE ONLY THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURANCE. SEPARATE CHECKS FOR ALL PROGRAMS. TR Receipt # CC Receipt # MAKE CHECKS PAYABLE TO AND MAIL TO: TOWN OF CORTLANDT RECREATION DEPARTMENT, 1 HEADY STREET, CORTLANDT MANOR, NY 10567 Amount Paid \$_____

By signing up for a program through Community Pass and the Town of Cortlandt Recreation Department,

you will automatically be enrolled to receive future communications from the Town of Cortlandt. You may

opt of these future communications by clicking unsubscribe.

Fall 2025 | 83

Date Deposited _____

Senior Program Activity Registration Form

		\mathcal{J}	\mathcal{L}		\mathcal{J}	
ONLINE REC	GISTRATION AVAILABLE FOR C	ORTLANDT RECREATION PRO	OGRAMS: WWW	I.TOWN	NOFCORTLANDTNY.GC)V/RECONLIN
Last Na	me		First	Nam	e	
Street A	Address				PO Box	
City					Zip	
Work P	hone #	Home	Phone #			
Cell Ph	one #	Email Ad	dress			
personal propand dischargemy minor chief PHOTO REL on the date at on display be hereby waive with them not arising from the agents or emelectronic melimited to any	EASE: I agree to assume: (i) all is perty resulting from or arising of the Town of Cortlandt from all ild's use of equipment and facilities. I grant permission to the end at the location listed below the pards, and to use such photographs any right to inspect or approve on in the future whether that the related to the use of the photograph ployees, including any firm puberedia, from and against any claim or misuse, distortion, blurring, alto produced in taking, processing,	ut of participation in the design of claims, damages, and injuries ries provided by the Town of Control Town o	ated activity. I al arising out of my ortlandt. If its agents or en th as planners an e same publication rinted or electron in, and I waive an ease, defend, and finished product from or related to in composite for	Iso rele y or my mployee nd mag ions or nic mat ny right in who the us m, eithe	es, to use photographs to azines, and to use the proof that the formal that the proof to royalties or other contarmless the Town of Coole or in part, whether one of the photographs, inter intentionally or other version of the proof that the proof the	old harmless, including my of the hotographs of web site. I conjunction in pensation ortlandt and its a paper or via cluding but may wise, that may
Signature					Date	
Course #	Participal Last Name		DOB		Activity Name	Total
	Last Wallie	riistivanic				Fee
				<u> </u>		
				Total	Fac.	\$
NONRESIDEN	ITS: NONRESIDENTS ARE ONLY	ACCEPTED TO FILL PROGRAMS		Total	ree	Φ
THE TOWN O	F CORTLANDT DOES NOT PROV	IDE ACCIDENT INSURANCE.				
MAKE CHECK CORTLANDT	(S PAYABLE TO AND MAIL TO: TO MANOR, NY	IWN OF CORTLANDT, 29 WESTE	ROOK DRIVE,		FOR OFFICE USE	
you will autom	for a program through Community atically be enrolled to receive future ture communications by clicking un	communications from the Town o			CC Receipt # Amount Paid \$ Date Deposited	

Recreation Boys Youth Baskethall League 2025-2026

BEFORE October 28th Fee: \$105 with ID Card \$110 without ID Card
AFTER October 28th Fee: \$115 with ID Card \$130 without ID Card
Mail with check or money order to: Town of Cortlandt Recreation,

1 Heady Street, Cortlandt Manor, NY 10567 OR register online at www.townofcortlandtny.gov/reconline

TRYOUT INFORMATION				
<u>Division</u>	<u>Grades</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
Pee Wee	3, 4	Tuesday October 28	6:30 PM	Blue Mountain M.S.
Cubs	5, 6	Tuesday October 28	7:15 PM	Blue Mountain M.S.
Registrations are limited to the number of coaches available.				

TRYOUTS: All registrants must attend tryouts even if they played on a team last year. PRACTICES & GAMES: Teams will practice one night during the week and will play on Saturdays.

Practices will start the second week of November 2025. League play begins Saturday, January 10, 2026.

Circle One:	PEE WEE	CUB					
Childs Name							
School							
Grade in Fall '25_	Height Ft	In. Age	D.O.B		Male	Female	
Pertinent medical	information (Allergies,	medications, etc.)_					
Has your child pla	yed basketball before	? Yes/No Ifyoup	olayed for the ⁻	Town, what t	team?		
Do you have any o	conflicts with practices	on weeknights (Ca	ar pools are no	ot considered	d conflicts)	? Circle One: Ye	s No
(Practices are 1 ni	ght a week, on the san	ne night, Monday- ī	Thursday) If ye	es, what nigh	nt do you h	ave a conflict?	
Shirt Sizes (Please	e select one): Adult: Sn	nall (34-36) Medi ui	m (38-40) Lar	ge (42-44) 2	X-Large (46	6-48)	
RPG (Registered	Parent/ Guardian)						
Street Address			Town		Zip		
Home #		Work o	r Cell #				
Email							
Emergency Conta	act Name		F	mergency #	<u> </u>		

Recreation Boys Youth Baskethall League 2025-2026

Player selection is at the coaches discretion. By being selected to play on a team in the above checked league I agree to play on any assigned team or be dismissed from the league.

INJURY RELEASE: I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt.

PHOTO RELEASE: I grant permission to the Town of Cortlandt, on behalf of its agents or employees, to use photographs taken of me on the date and at the location listed below for use in town publications such as planners and magazines, and to use the photographs on display boards, and to use such photographs in electronic versions of the same publications or on the Town of Cortlandt web site. I hereby waive any right to inspect or approve the finished photographs or printed or electronic matter that may be used in conjunction with them now or in the future whether that use is known to me or unknown, and I waive any right to royalties or other compensation arising from the related to the use of the photograph. I hereby agree to release, defend, and hold harmless the Town of Cortlandt and its agents or employees, including any firm publishing and/or distributing the finished product in whole or in part, whether on paper or via electronic media, from and against any claims, damages or liability arising from or related to the use of the photographs, including but not limited to any misuse, distortion, blurring, alterations, optical illusion or use in composite form, either intentionally or otherwise, that may occur or be produced in taking, processing, reduction or production of the finished product, its publication or distribution.

By signing up for a program through Community Pass and the Town of Cortlandt Recreation Department, you will automatically be enrolled to receive future communications from the Town of Cortlandt. You may opt of these future communications by clicking unsubscribe.

Parents Signature	Date

Coaches and Sponsors Needed

If you are interested in coaching, please go to www.townofcortlandtny.gov/reconline to register or call 914-734-1056 for more information. If you are interested in sponsoring a team, please call 914-734-1056. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.

Boys Basketball League Deadline: October 28, 2025
THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURNACE.

	FC	OR OFFICE USE ONLY:		_
TR Receipt #	CC Receipt #	Amount Paid \$	Date Deposited	

Recreation Girls Youth Baskethall League 2025-2026

BEFORE October 27th, Fee: \$105 with ID Card \$110 without ID Card
AFTER October 27th, Fee: \$115 with ID Card \$130 without ID Card
Mail with check or money order to: Town of Cortlandt Recreation,

1 Heady Street, Cortlandt Manor, NY 10567 OR register online at www.townofcortlandtny.gov/reconline

TRYOUT INFORMATION					
Division	<u>Grades</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>	
Cubs	3, 4	Monday, October 27	6:30 PM	Blue Mountain Middle School	
Midgets	5, 6	Monday, October 27	7:15 PM	Blue Mountain Middle School	
Registrations are limited to the number of coaches available.					

TRYOUTS: All registrants must attend tryouts even if they played on a team last year. PRACTICES & GAMES: Teams will practice one night during the week and will play on Saturdays.

Practices will start the second week of November 2025. League play begins Saturday, January 10, 2026.

Circle One:	CUB	MIDGET			
Childs Name					
School					
Grade in Fall '25	Height	Ft In. Age	D.O.B/	/ Male	Female
Pertinent medical i	nformation (Al	lergies, medications, etc	s.)		
Has your child play	ed basketball	before? Yes / No If you	u played for the Towr	n, what team?	
Do you have any co	onflicts with pr	actices on weeknights (Car pools are not co	nsidered conflicts	s)? Circle One: Yes No
(Practices are 1 nig.	ht a week, on	the same night, Monday	r-Thursday) If yes, wh	nat night do you h	nave a conflict?
Shirt Sizes (Please	select one): A	dult: Small (34-36) Med i	ium (38-40) Large (4	12-44) X-Large (4	16-48)
RPG (Registered P	arent/ Guardia	an)			
Street Address			Town	Zi	p
Home #		Work	or Cell #		
Email					
Emergency Contac	t Name		Emerg	gency#	

Recreation Girls Youth Baskethall League 2025-2026

Player selection is at the coaches discretion. By being selected to play on a team in the above checked league I agree to play on any assigned team or be dismissed from the league.

INJURY RELEASE: I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt.

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Parents Signature	Date

Coaches and Sponsors Needed

If you are interested in coaching, please go to www.townofcortlandtny.gov/reconline to register or call 914-734-1056 for more information. If you are interested in sponsoring a team, please call 914-734-1056. PLEASE NOTE, registering to be a coach through Community Pass does not guarantee you a coaching position. You will be contacted by the Recreation Supervisor with more information if you are selected.

Girls Basketball League Deadline: October 28, 2025
THE TOWN OF CORTLANDT DOES NOT PROVIDE ACCIDENT INSURNACE.

	FC	OR OFFICE USE ONLY:	
TR Receipt #	CC Receipt #	Amount Paid \$	Date Deposited

TOWN OF CORTLANDT FIRST RESPONDERS GOLF TOURNAMENT

Monday, October 20, 2025 at Hollow Brook Golf Club 1060 Oregon Road, Cortlandt Manor

ALL proceeds from the tournament will be donated to the various First Responder organizations within the Town of Cortlandt. We are looking forward to an enjoyable day. *Deadline to submit registration is Monday, October 13, 2025.*

TOURNAMENT FEES

Volunteer of a Fire Department, Ambulance Corps, or Auxiliary Group: \$125.00 per person (Please bring identification showing your group membership)

Not a volunteer: \$175.00 per person

Only attending the dinner: \$60.00 per person

MAIL REGISTRATION & PAYMENT
TO:
TOWN OF CORTLANDT
RECREATION
1 HEADY STREET
CORTLANDT MANOR, NY 10567

Signature of Participant

For Office Use Only: Amount paid \$

SCHEDULE				
Time	Event			
11:00 AM	Registration and Boxed Lunch			
12:00 PM	"Shotgun Start" (Scramble Format)			
5:00 PM	Barbeque Dinner at Hollow Brook Club House			

If you would like to reserve a spot or foursome, please call:

Ken Sherman at 914-734-1058



INJURY RELEASE: I agree, or agree on behalf of my minor child, to assume: (i) all risk of personal injury or loss; (ii) bodily injury; and (iii) damage to, loss of, or destruction of any personal property resulting from or arising out of participation in the designated activity. I also release, waive, indemnify, hold harmless, and discharge the Town of Cortlandt from all claims, damages, and injuries arising out of my or my minor child's activities, including my or my minor child's use of equipment and facilities provided by the Town of Cortlandt.

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Foursome Names:	Address	Phone Number
1		
2		
3		
4		

Fall 2025 | 91

Date

Date Deposited

Town of Cortlandt Department of Recreation & Conservation 1 Heady Street Cortlandt Manor, NY 10567-1254

DATED MATERIAL PLEASE DELIVER PROMPTLY

ECRWSS POSTAL PATRON

Presorted Standard **US** Postage **PAID** Permit #12 Indiana, PA

















Sign up to receive monthly email newsletters and weekly updates From the Desk of Supervisor Dr. Richard H. Becker at: www.townofcortlandtny.gov/alerts. This will help keep you, our residents, informed about everything Cortlandt!





Interested to learn more about what the Town of Cortlandt has to offer? Scan the codes and visit us on our website or social!







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Instagram